

Sistema Socio Sanitario



Regione
Lombardia



Fondazione IRCCS
Policlinico San Matteo

ASST Pavia

ATS Pavia



UNIVERSITÀ
DI PAVIA

GRAND ROUNDS CLINICI DEL MERCOLEDÌ

con il Policlinico San Matteo

Aula Magna "C. Golgi" & WEBINAR

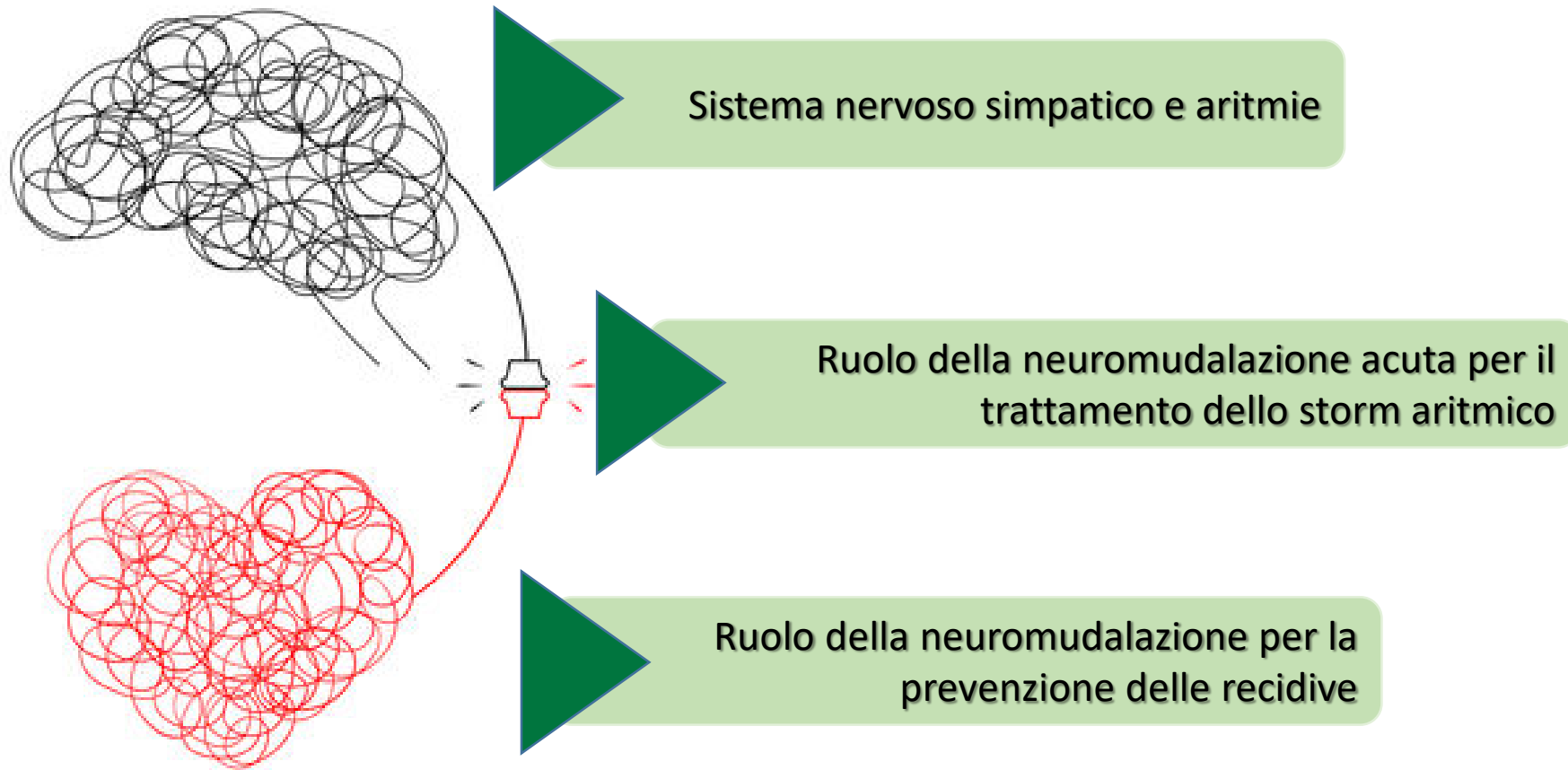
**Nuove frontiere nella gestione delle aritmie
ventricolari refrattarie: focus sulla
neuromodulazione.**

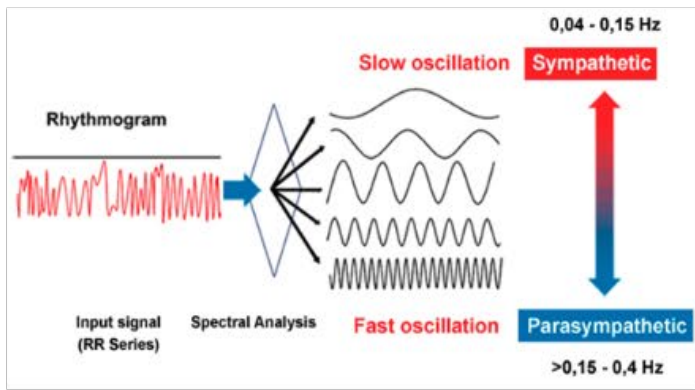
Dott. S.Savastano, Dott. R.Rordorf

UOC Cardiologia 1

Fondazione IRCCS Policlinico San Matteo.



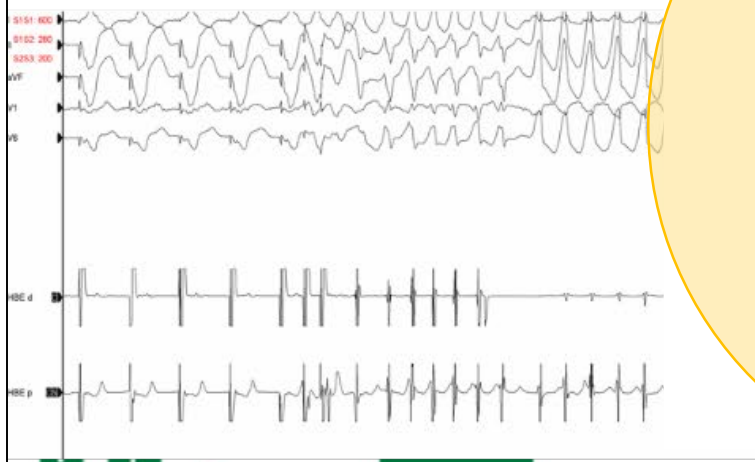
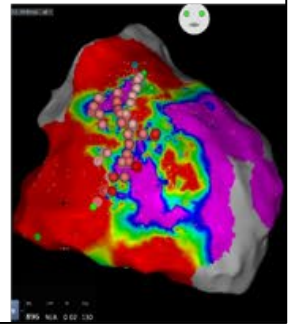
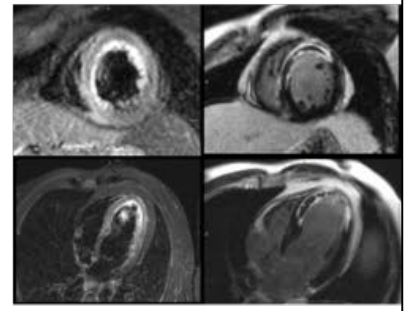
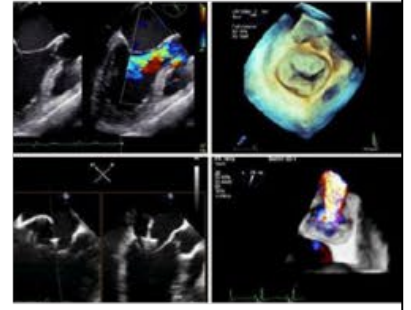
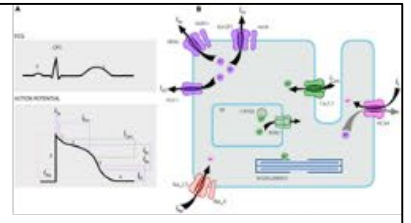




Fattori Modulanti Sistema autonomico

Trigger

Substrate

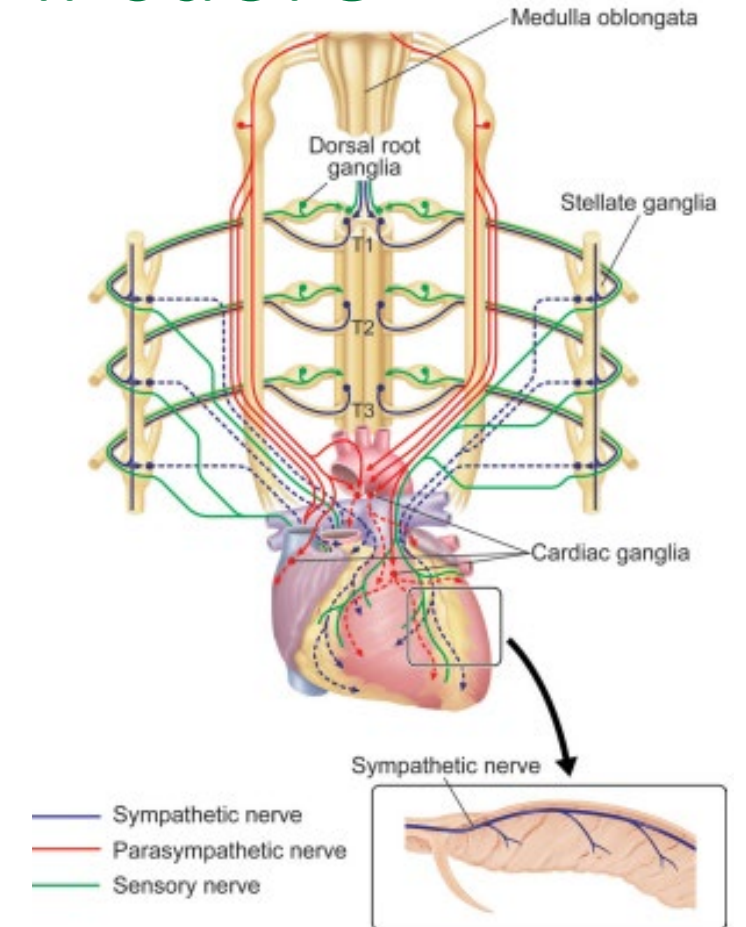


tratta da Simone Savastano: «Il blocco percutaneo del ganglio stellato a scopo antiaritmico Una guida pratica». Il Pensiero Scientifico Editore

Il sistema nervoso autonomo e il cuore

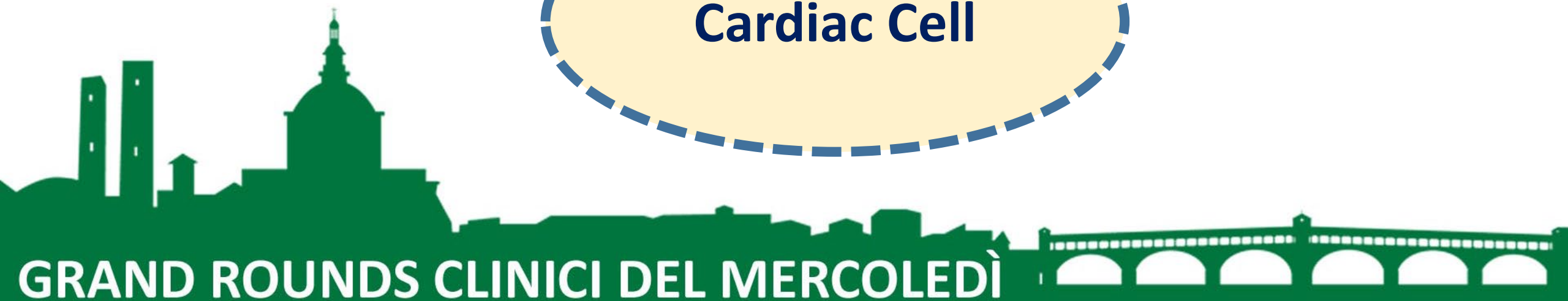
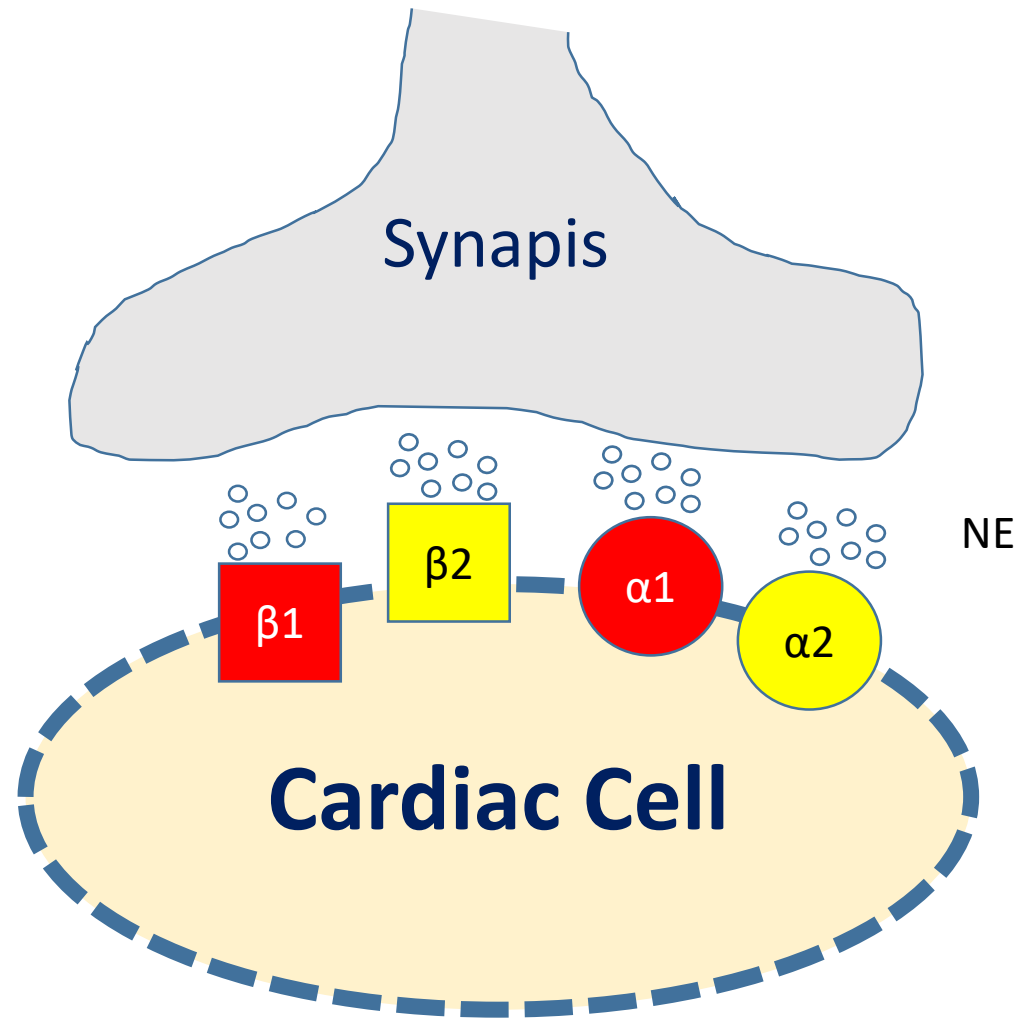
L'attivazione del sistema simpatico:

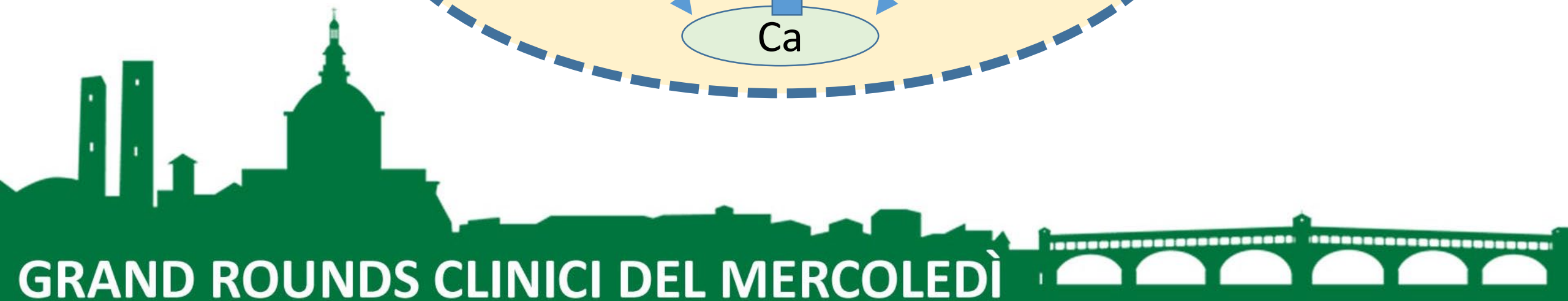
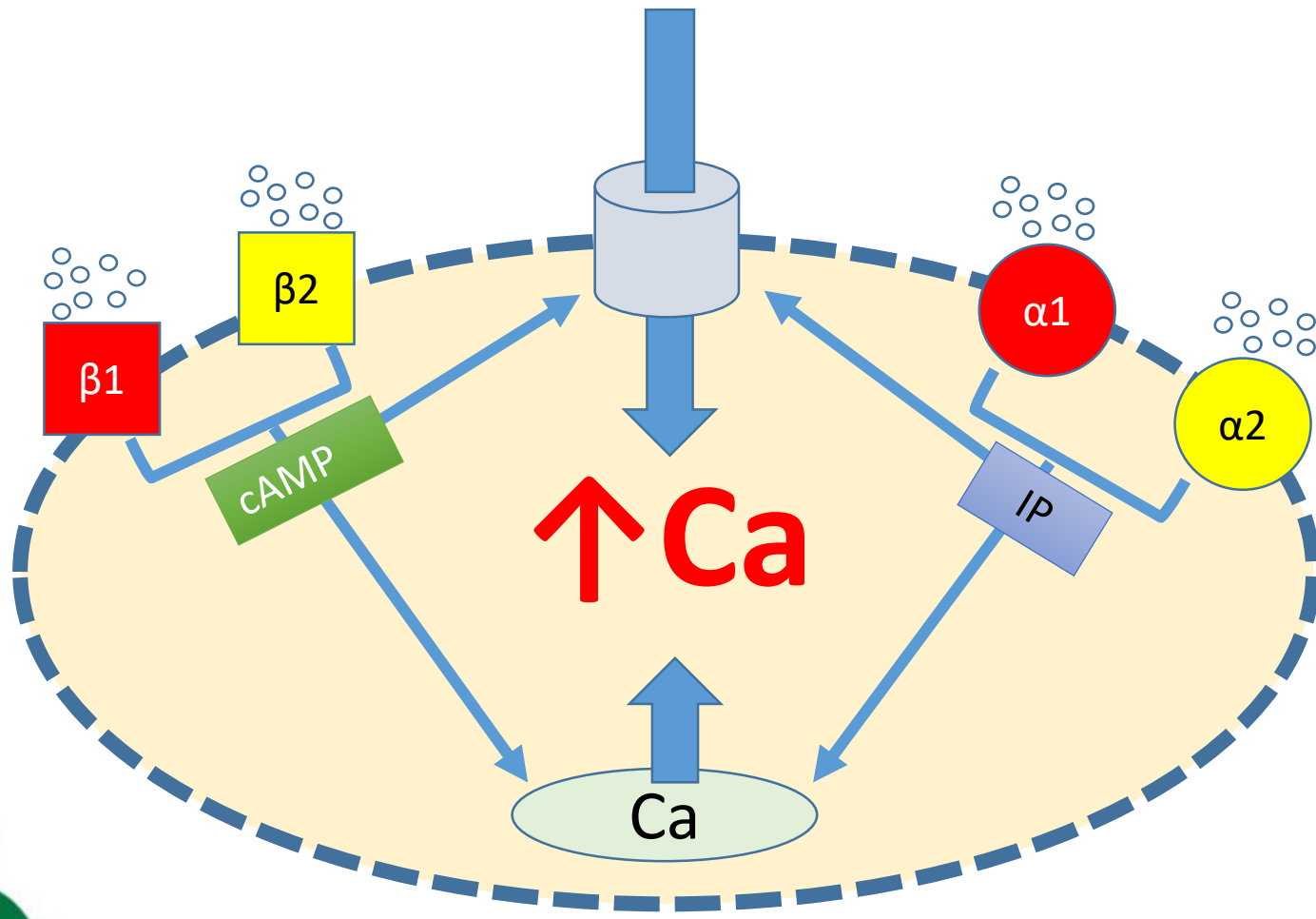
- 1- aumenta la frequenza cardiaca
- 2- aumenta l'automatismo
- 2- riduce la soglia di fibrillazione ventricolare
- 3- riduce la refrattarietà
- 4- aumenta la velocità di conduzione

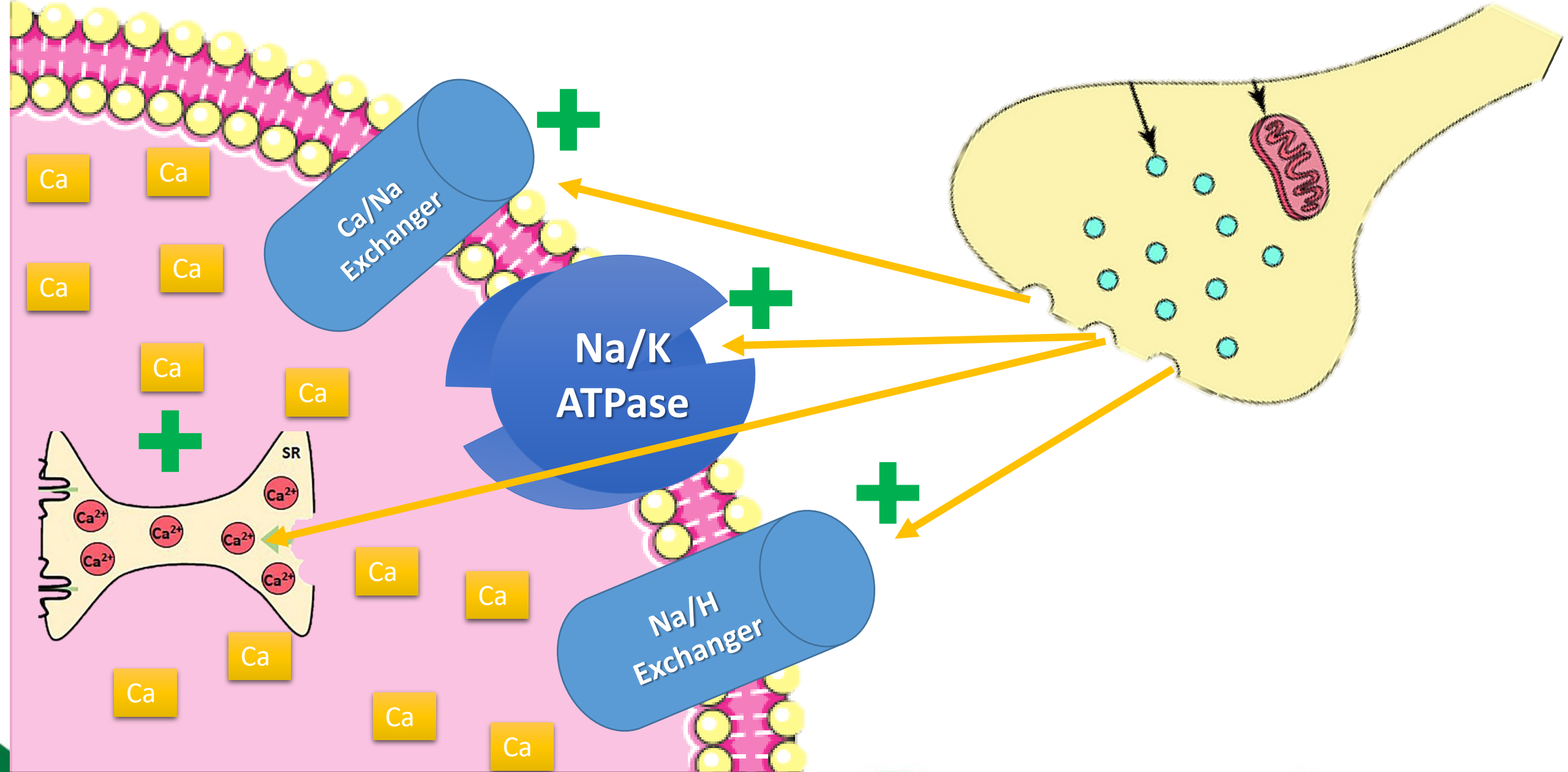


Circ Res. 2012;110:325-336.









Delayed Afterdepolarizations Elicited In Vivo by Left Stellate Ganglion Stimulation

Silvia G. Priori, MD, Massimo Mantica, BS, and Peter J. Schwartz, MD

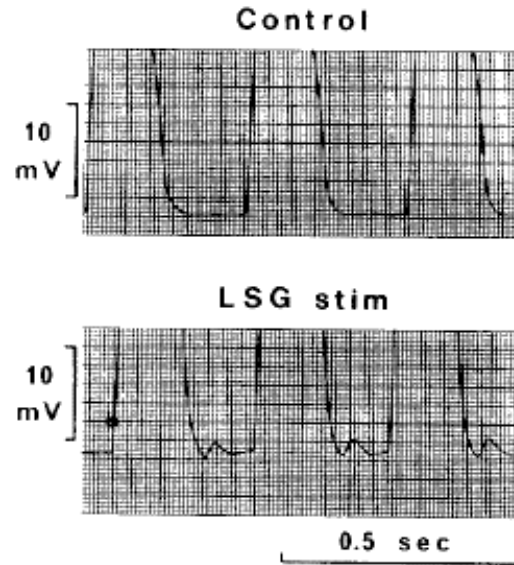


FIGURE 4. *Monophasic action potential recording at high amplification in control conditions and after left stellate ganglion stimulation (LSG stim) when delayed afterdepolarizations are present.*

Circulation. 1988 Jul;78(1):178-85

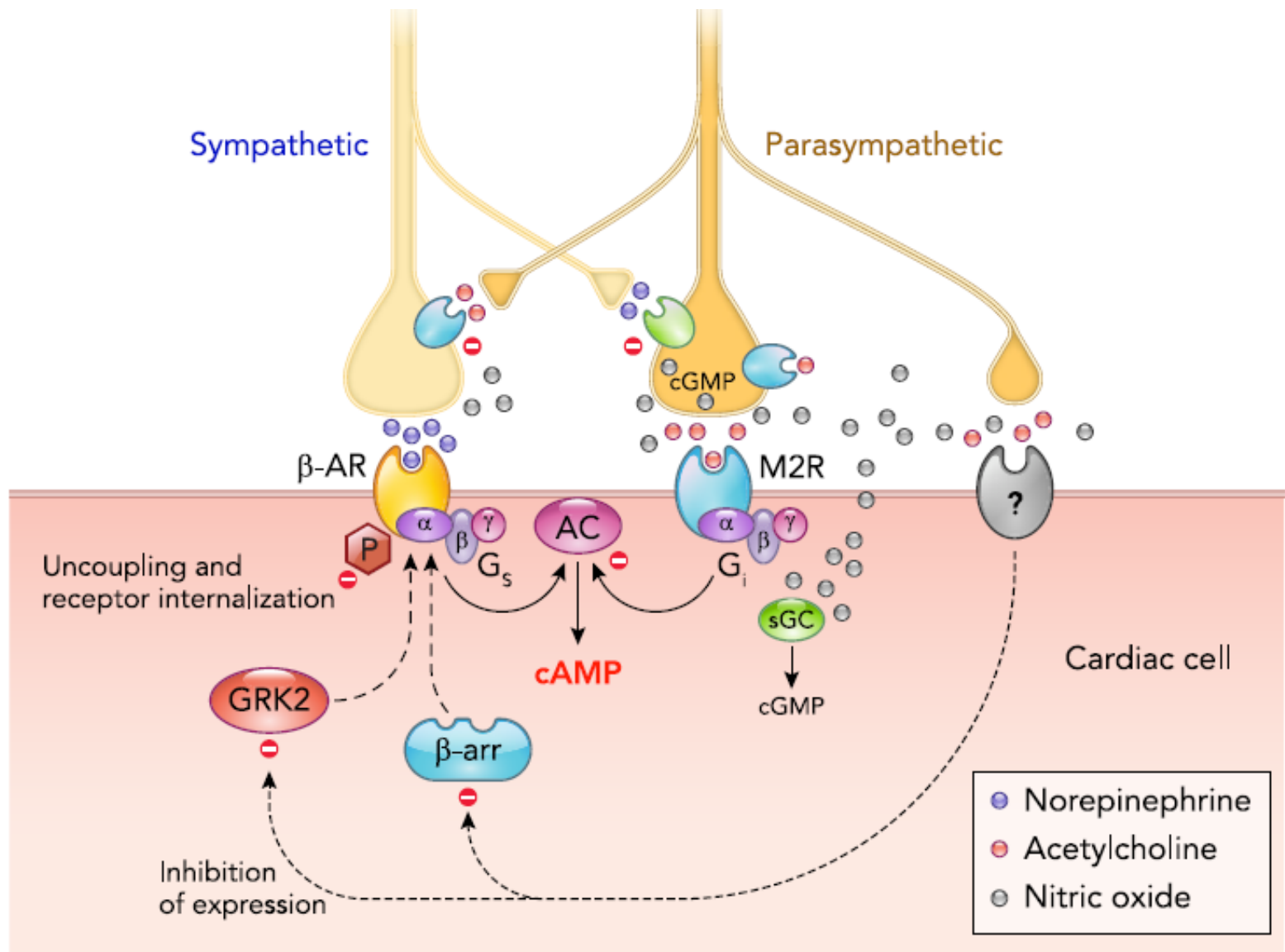
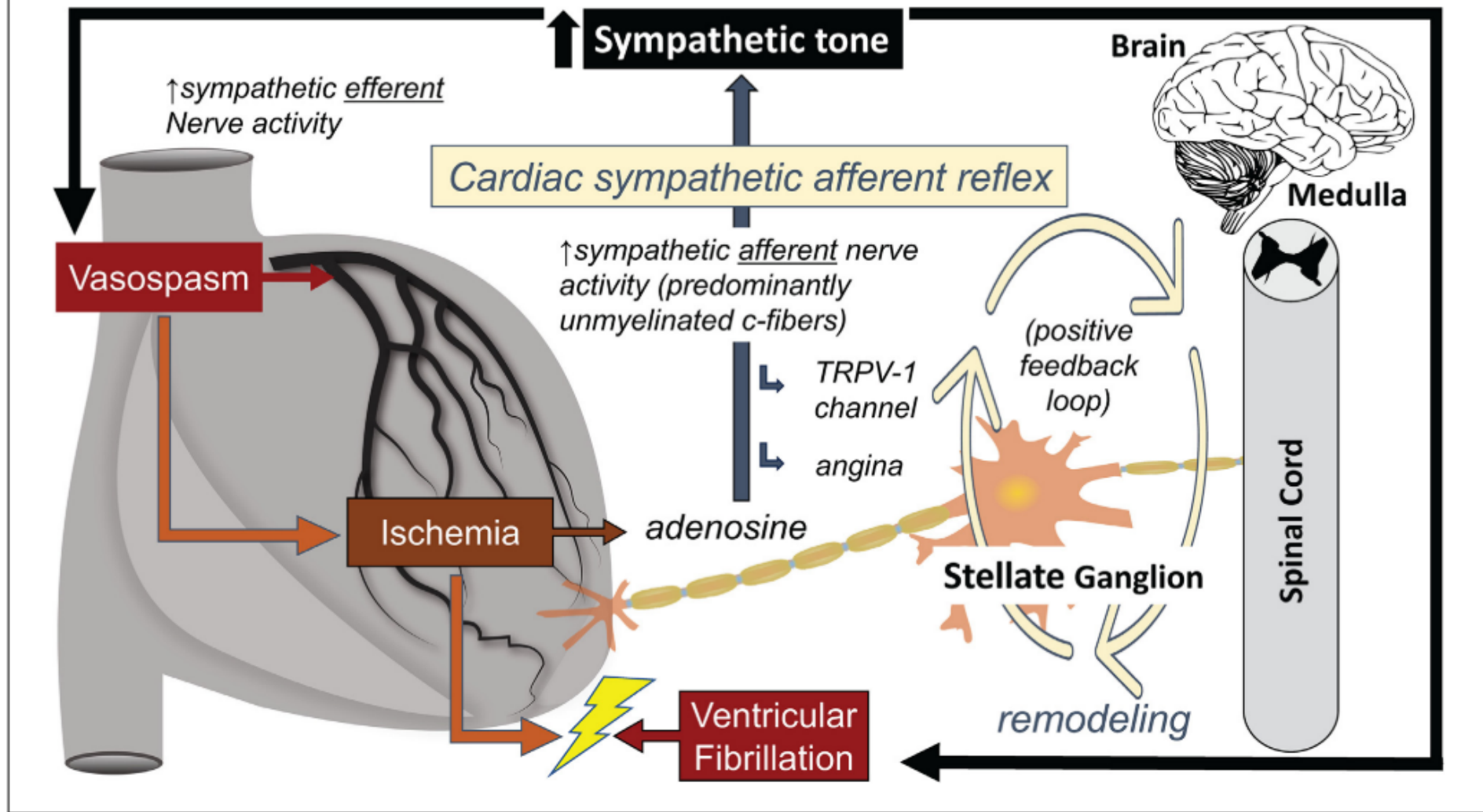
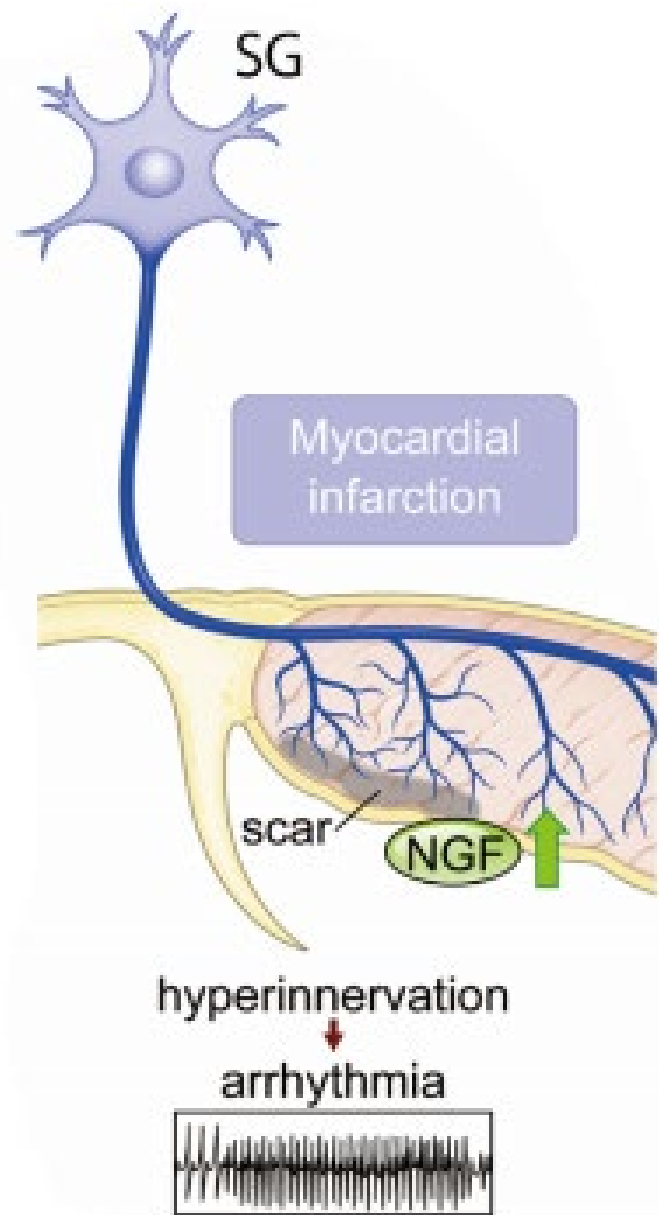
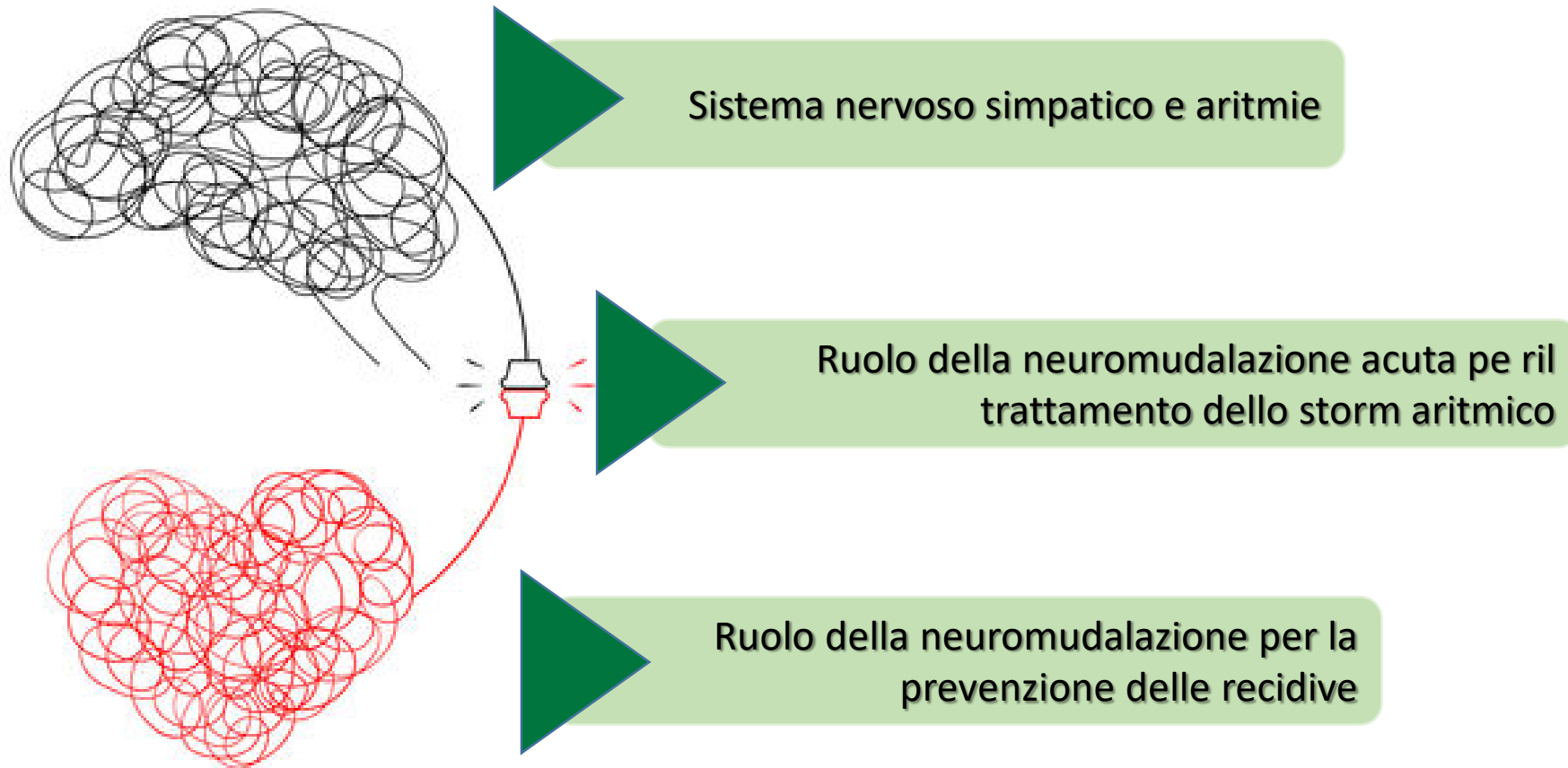


FIGURE 3 Heightened Sympathetic Efferent Tone Influences Both the Triggering of VA and Its Maintenance by Reducing VF Threshold



JACC Clinical Electrophysiology 2023







s.savastano@smatteo.pv.it

Storm aritmico

Definizione

“ più di tre VT/VF nelle 24 h.”

JAm Coll Cardiol 1998;32:1909–1915.

Europace 2000;2:263–269.

Circulation 2001;103:2066–2071

European Heart Journal (2006) 27, 3027–3032

Circulation. 2016;133:672-676

Prevalenza

- **10-28%** in tre anni nei pazienti impiantati in prevenzione secondaria
- **4 %** in tre anni in pazienti impiantati in prevenzione primaria

J Am Coll Cardiol. 1998;32:1909

Circulation.2001;103:2066

J Am Coll Cardiol. 2000;36:566

Heart Rhythm. 2007;4:1395

Outcome

- Aumenta il rischio di mortalità (RR 5)

Europace (2014) 16, 347–353

↑ Rilascio di noradrenalina



VT/VF



Farmaci con un effetto inotropo negativo



↓ CO



Farmaci con un effetto ipotensivo



↓ Pressione arteriosa



Attivazione del sistema simpatico





GRAND ROUNDS CLINICI DEL MERCOLEDÌ

s.savastano@smatteo.pv.it

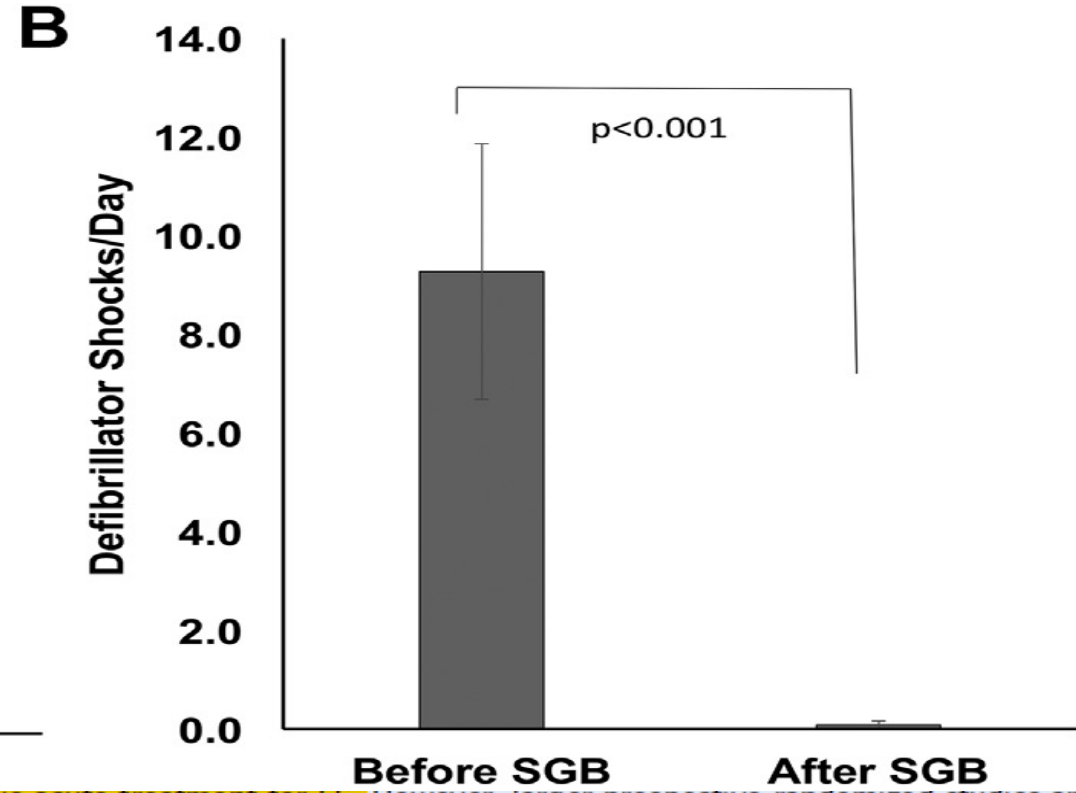
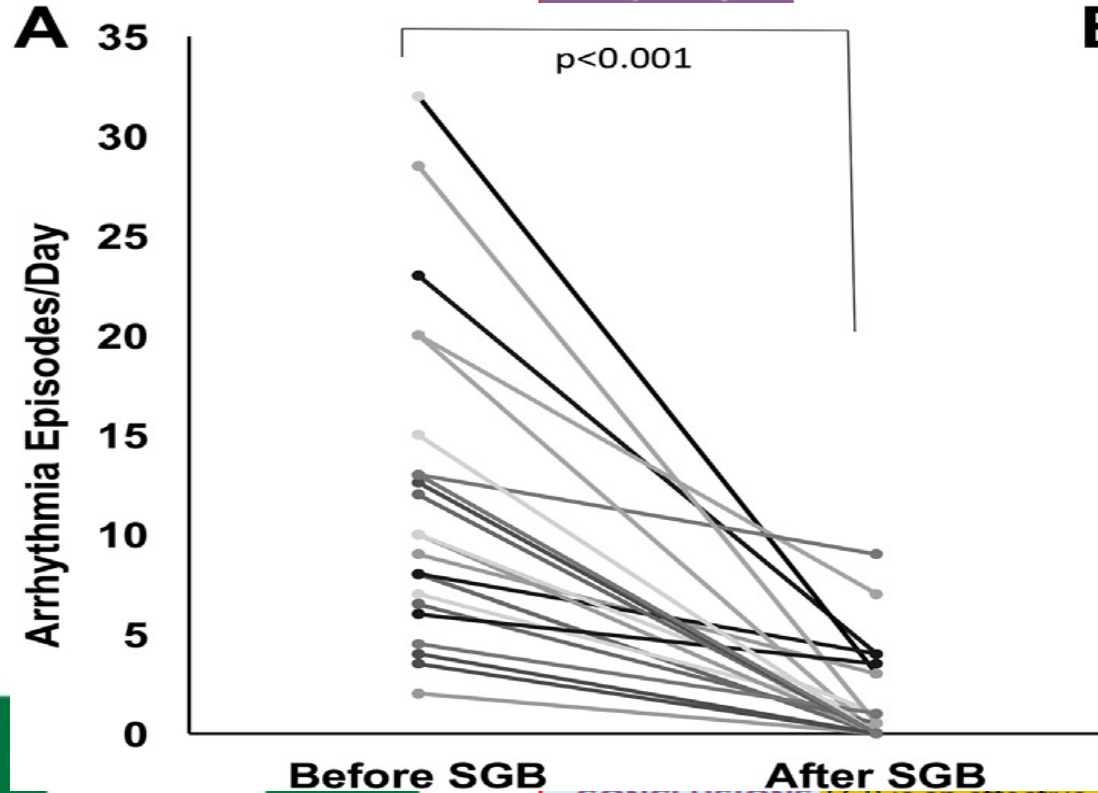
Efficacy of Stellate Ganglion Blockade in Managing Electrical Storm



A Systematic Review

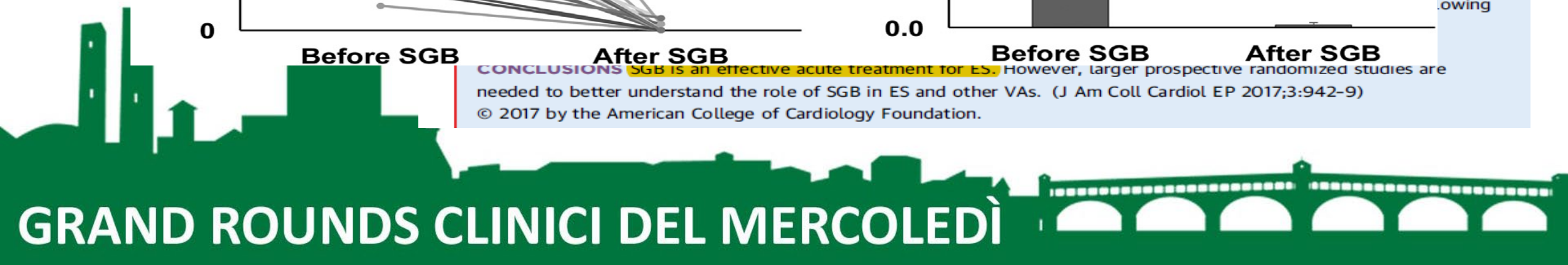
Lingjin Meng, MD,^a Chi-Hong Tseng, PhD

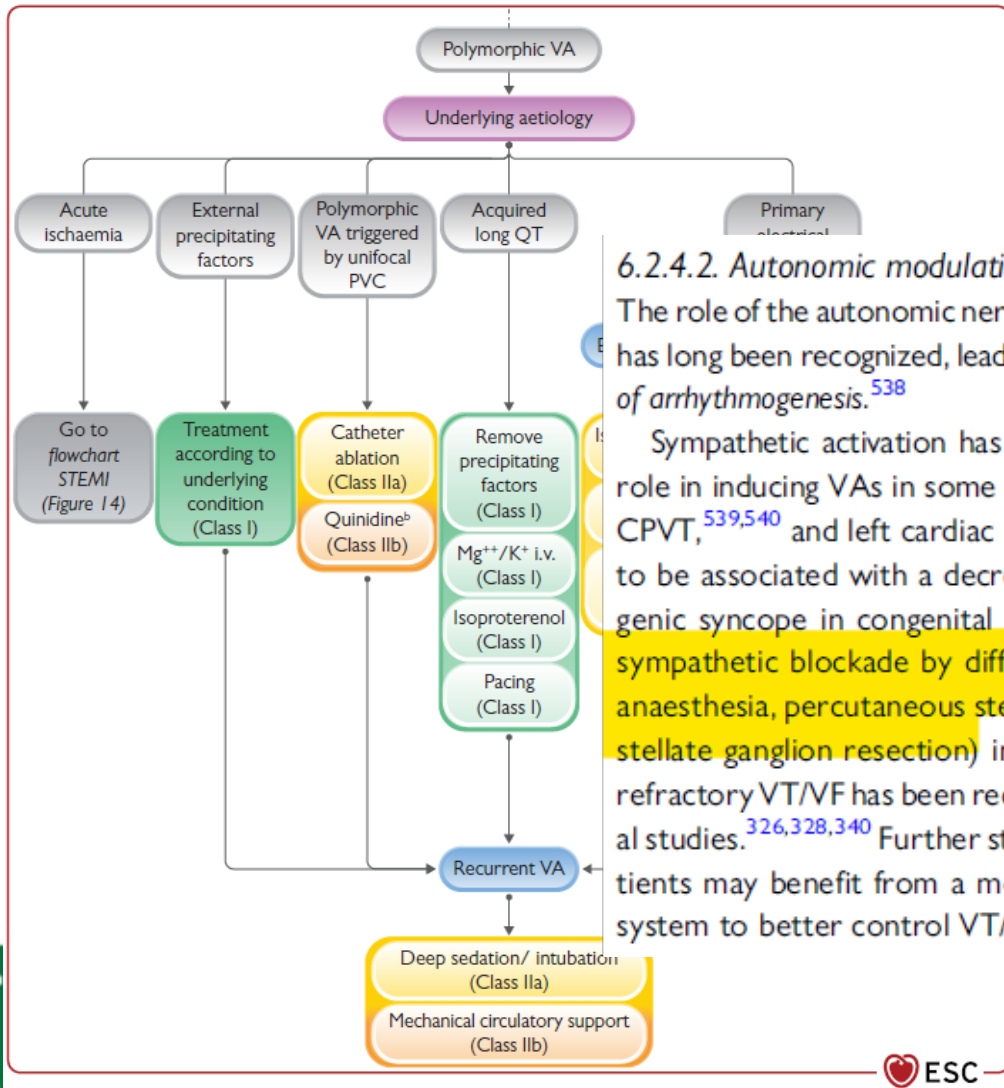
ABSTRACT



CONCLUSIONS SGB is an effective acute treatment for ES. However, larger prospective randomized studies are needed to better understand the role of SGB in ES and other VAs. (J Am Coll Cardiol EP 2017;3:942-9)
© 2017 by the American College of Cardiology Foundation.

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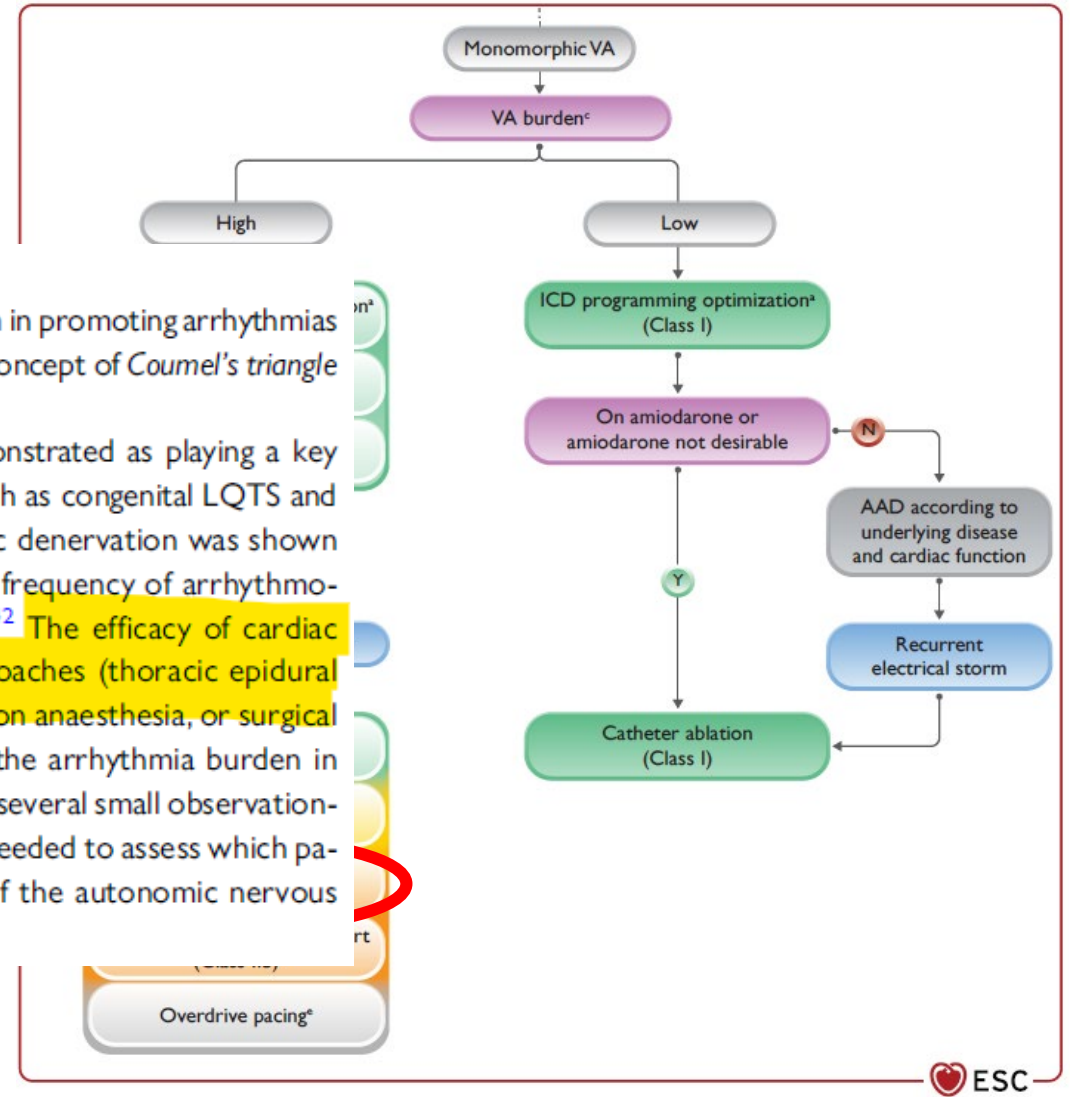




6.2.4.2. Autonomic modulation

The role of the autonomic nervous system in promoting arrhythmias has long been recognized, leading to the concept of *Coumel's triangle of arrhythmogenesis*.⁵³⁸

Sympathetic activation has been demonstrated as playing a key role in inducing VAs in some entities, such as congenital LQTS and CPVT,^{539,540} and left cardiac sympathetic denervation was shown to be associated with a decrease in the frequency of arrhythmogenic syncope in congenital LQTS.^{541,542} The efficacy of cardiac sympathetic blockade by different approaches (thoracic epidural anaesthesia, percutaneous stellate ganglion anaesthesia, or surgical stellate ganglion resection) in reducing the arrhythmia burden in refractory VT/VF has been recognized in several small observational studies.^{326,328,340} Further studies are needed to assess which patients may benefit from a modulation of the autonomic nervous system to better control VT/VF.



Neuronal sympathetic block for ventricular arrhythmias: one size may not fit all

Veronica Dusi ^{1*} and Marmar Vaseghi ²

	TEA	Pharmacological PSGB	CSD
Targeted neuronal level	T1–T4 (epidural level, pre-ganglionic block), with the needle typically inserted at the T1–T2 level	C8 + T1 ganglia (based on anatomical landmarks)	T1–T4 thoracic ganglia
Side of the neuronal block	Bilateral	Often performed unilaterally as left PSGB, but can be performed bilaterally	Bilateral for SHD
Duration of block	Until the catheter is in place (days)	For bolus injection: 2–6 h depending on the local anaesthetic used. For the continuous infusion: until the catheter is in place)	Permanent
Confirmation of the neuronal block (other than the anti-arrhythmic	Functional: cutaneous anaesthesia in the corresponding dermatomes. Additionally, skin temperature or	Functional: Horner's syndrome proves C8 blockade only (mostly ocular fibres), but the anaesthetic is expected to	Direct visualization of the ganglia and subsequent anatomopathological confirmation.

Contraindications

Absolute: Active infection, ongoing dual antiplatelet therapy, requirement for uninterrupted anticoagulation therapy

Relative: acute myocardial infarction/ ischemia, active major noncardiac medical or surgical processes

Significant head/neck pathology

Relative: acute myocardial infarction/ ischemia, active major noncardiac medical or surgical processes

Absolute: severe pulmonary pathology/inability to tolerate single lung inflation

Relatives: high operative risk, significant thoracic adhesions, inability to interrupt anticoagulation,

Relatives: high operative risk, significant thoracic adhesions, inability to interrupt anticoagulation,

CSD, cardiac sympathetic denervation; PSGB, percutaneous stellate ganglion block; SHD, structural heart disease; TEA, thoracic epidural anaesthesia.

Author year	Number of cases	Cardiac condition	EF	Technique	Effectiveness	Major Complications
Tian et al. 2019	30 pts: 15 left SGB 15 bilateral SGB 38 PSGB	Ischemic heart disease 17/30, non-ischemic heart disease 10/30; non-structural heart disease 2/30, LQTS 1/30	34%	Postero-lateral echo-guided or antero-lateral fluoro-guided. With Lidocaine or Bupivacaine. First left sided then right sided but only on intubated pts.	Complete VT suppression in 72	No
Fudim et al. 2020	20 pts	10/20 Ischemic heart disease, 10/20, non-ischemic heart disease	<35% in 16/20	Lateral echo-guided, bilateral	Complete suppression of VT/VF and shocks at 48 h	1 patient with atrial fibrillation
Reinertsen et al. 2021	13 pts, 11/13 only left SGB, 2/13 only right	Structural heart disease in 13/13	23%	Lateral echo-guided with Lidocaine or Bupivacaine or with Desametasone and Ropivacaine. At the level of C6 in 12/13, of C5 in 1/13	Complete suppression of VT/VF in 62% of patients at 96 h Complete suppression of shocks in 92% of patients at 96 h	1 patient with atrial fibrillation
Sanghai et al. 2021	18 pts 9 (SI) 9 (CI)	Ischemic heart disease in 7/18, non-ischemic heart disease in 9/18, LQTS in 2/18	30.9 %	Lateral echo-guided only left sided with Ropivacaine and Bupivacaine.	Complete suppression of VT/VF at 24 h both in SI and in CI	1 patient with atrial fibrillation; 1 patient with atrial flutter
Savastano et al. 2021	11 pts/18 SGB 16 (SI) 2 (CI)	Structural heart disease in 11/11	31.6%	Anterior anatomical approach only left sided with Lidocaine and/or Bupivacaine	Complete suppression of VT/VF at 1 h in a per-patient analysis and complete suppression of shocks at 24 h in a per-patient analysis	
Markman et al. 2022	11 SGB 5 left SGB 6 left and right	Structural heart disease in 11/11	15%	Echo-guided (9/11), fluoro-guided (or anatomical anterior	complete suppression of VT/VF at 1 h	

Complete VT/VF suppression

No complications

TOT. 103 patients

Savastano S. Heart Rhythm. 2022 Dec 9;S1547-5271(22)02695-9



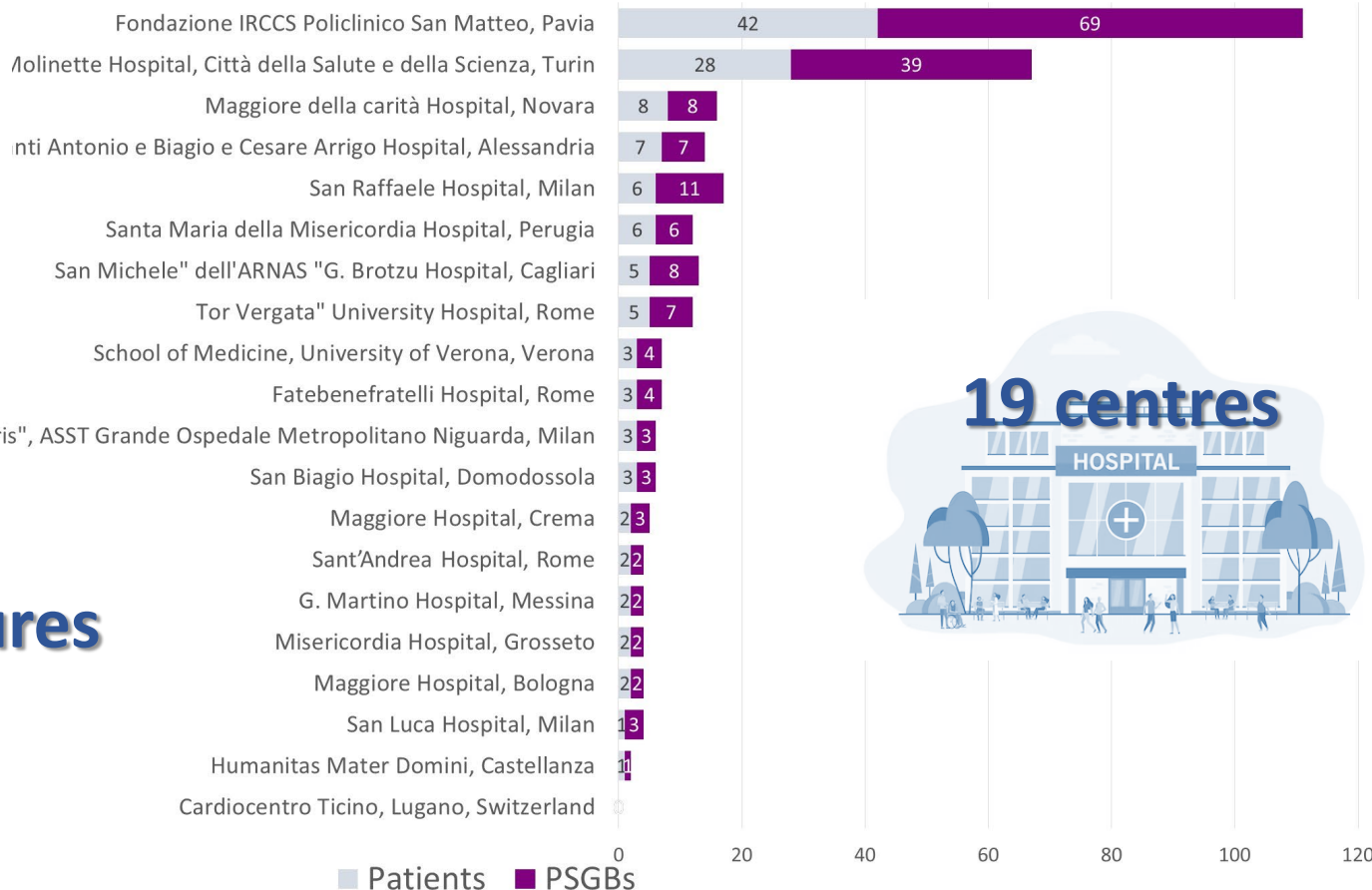
Electrical storm treatment by percutaneous stellate ganglion block: the STAR study

Simone Savastano ^{1*}, Enrico Baldi ¹, Sara Compagnoni ^{1,2}, Roberto Rordorf ¹, Antonio Sanzo ¹, Francesca Romana Gentile ^{1,2}, Veronica Dusi ^{3,4}, Simone Frea ^{3,4}, Carol Gravinese ^{3,4}, Filippo Maria Cauti ⁵, Gianmarco Iannopolo ⁶, Francesco De Sensi ⁷, Edoardo Gandolfi ⁸, Laura Frigerio ^{8,9}, Pasquale Crea ¹⁰, Domenico Zagari ¹¹, Matteo Casula ¹², Giuseppe Sangiorgi ¹³, Simone Persampieri ¹⁴, Gabriele Dell'Era ¹⁵, Giuseppe Patti ^{15,16}, Claudia Colombo ¹⁷, Giacomo Mugnai ¹⁸, Francesco Notaristefano ¹⁹, Alberto Barengo ¹⁹, Roberta Falcetti ²⁰, Giovanni Battista Perego ²¹, Giuseppe D'Angelo ²², Nikita Tanese ²², Alessia Currao ¹, Vito Sgromo ²³, and Gaetano Maria De Ferrari ^{3,4}, the STAR study group

131 patients

184 procedures

Active Centres



Savastano et al. Eur Heart J. 2024 Jan 30:ehae021

131 patients



Reduced LVEF
25±12.3%



Shock
27 (20.6%) Cardiogenic
7 (5.3) Septic



11 (8.4%)
Refractory cardiac arrest

23 (17.6%) Acute MI
14 (10.7) NSTEMI-ACS
37 (28.2%) chronic CAD
29 (22.1%) DCM
.....

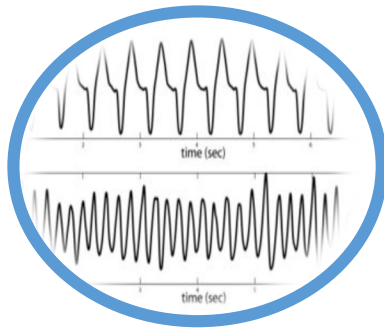


36 (27.5%) In-hospital mortality
6 (4.6%) for ES



Savastano et al. Eur Heart J. 2024 Jan 30:ehae021

184 procedures



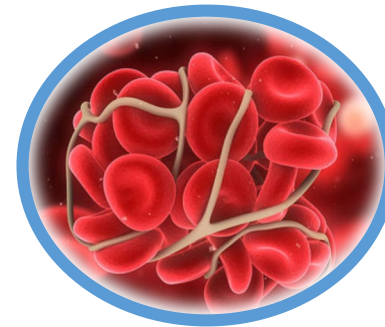
118 (64.1%) VT
35 (19%) VF
31 (16.8%) VT&VF



On intubated pts
37 (20.1%)



106 (57.6%) Anatomical
48 (42.4%) Echo



Anticoagulant/Antiplatelet
26 (14.1%) None
13 (7.1%) DAPT
58 (31.5%) DOAC/VKA/Heparin
.....



181 (98.4%) left
3 (1.6%) right

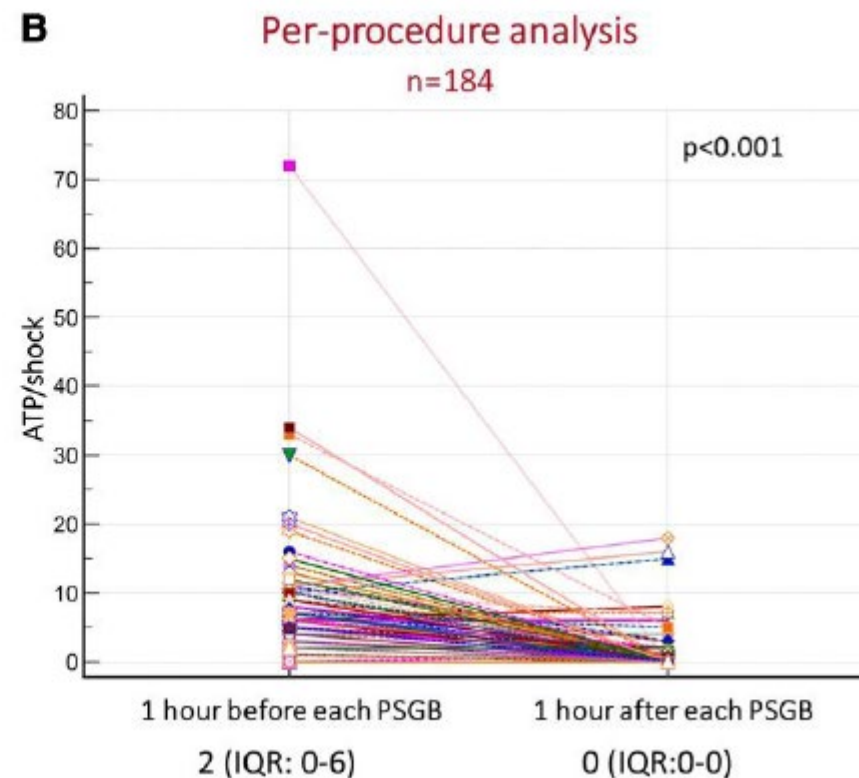
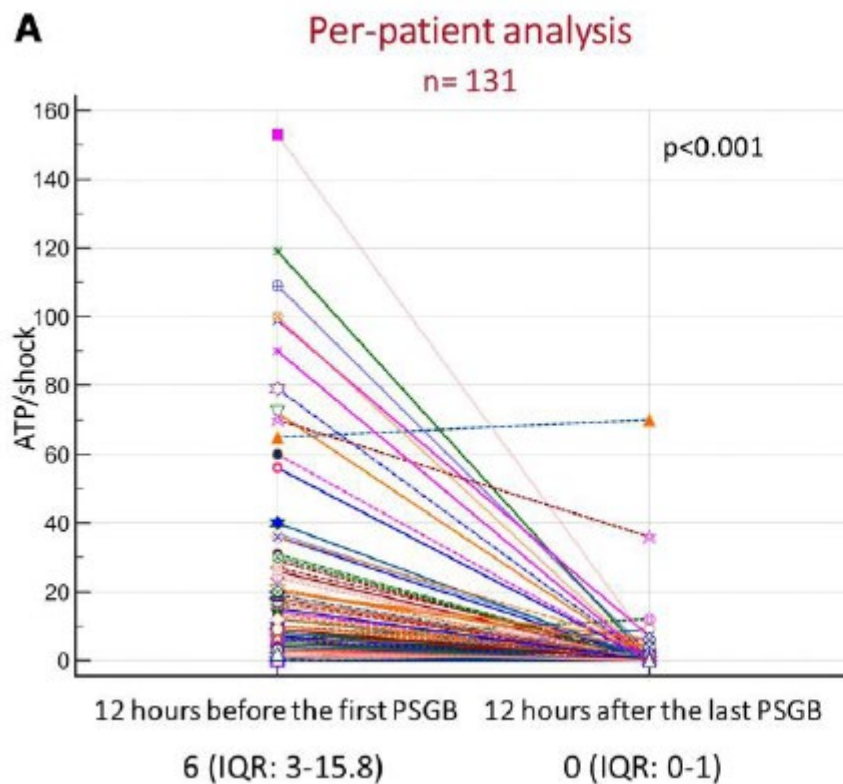


1 (0.5%) major complication
8 (4.3%) side effects

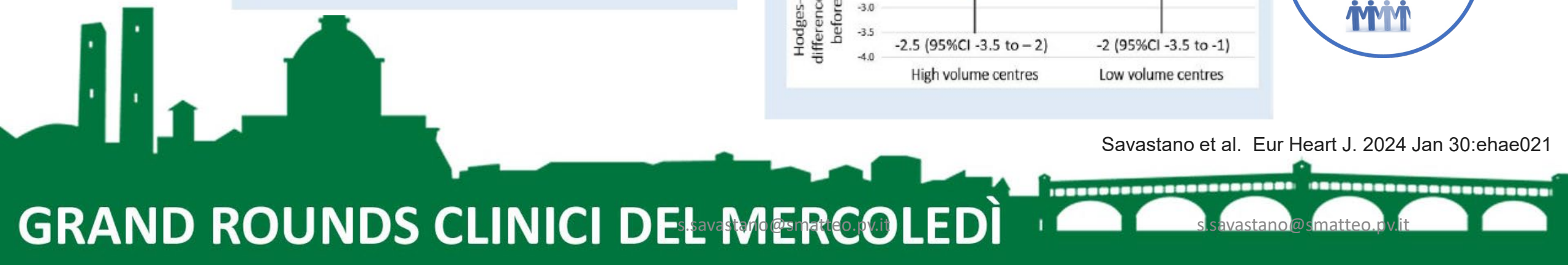
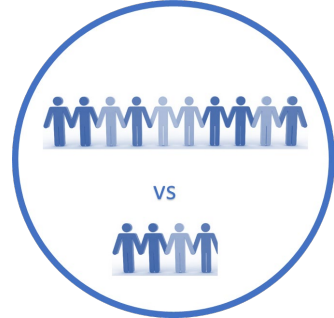
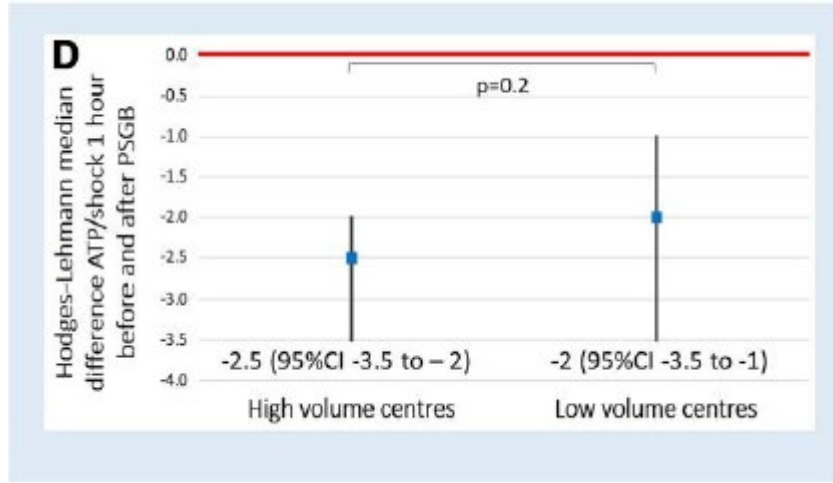
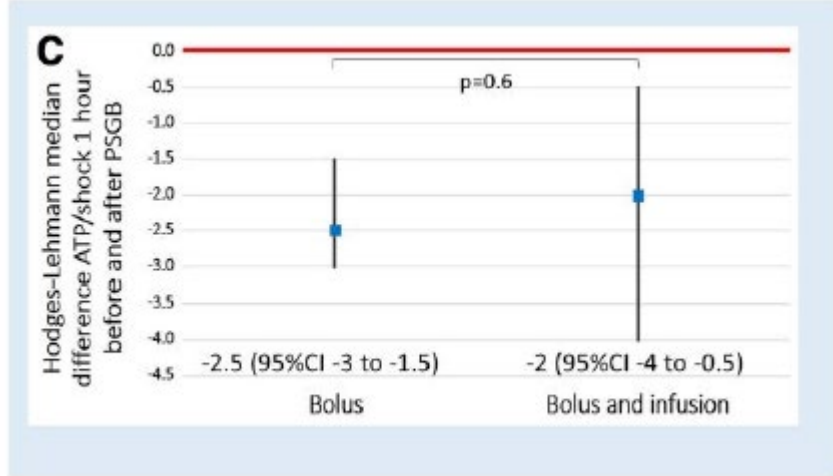
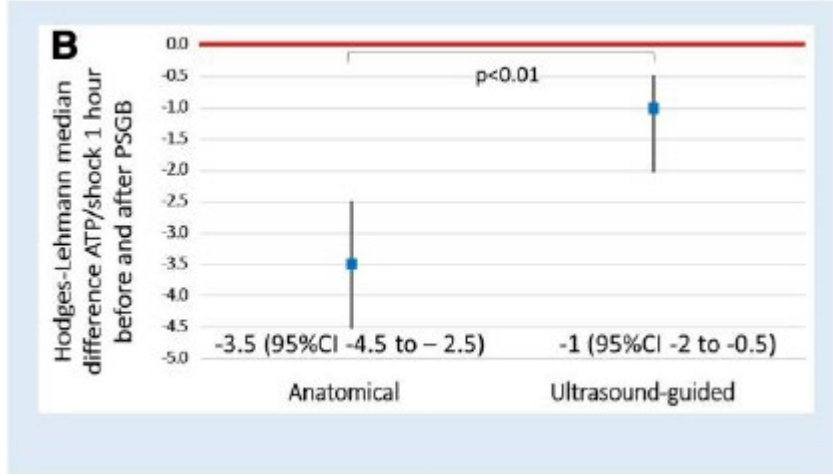
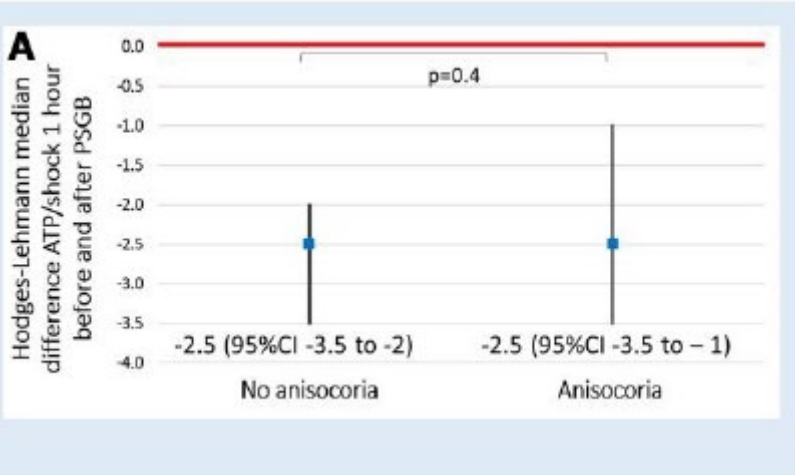
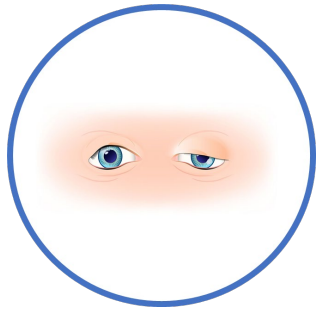
Savastano et al. Eur Heart J. 2024 Jan 30:ehae021



92%



Savastano et al. Eur Heart J. 2024 Jan 30:ehae021



Strongly recommended	Mildly recommended	Not recommended
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Clinical condition

Refractory or recurrent VT/VF during the acute or subacute phase of myocardial infarction	✓		
Refractory or recurrent VT/VF in chronic ischemic heart disease	✓		
Refractory or recurrent VT/VF in non- ischemic heart disease	✓		
Refractory or recurrent VT/VF in other structural heart disease	✓		
Refractory or recurrent VT/VF in LQTS and CPVT	✓		
Refractory or recurrent VT/VF in LQTS and CPVT or in structural heart disease in paediatric patients	✓		

Il ruolo del San Matteo

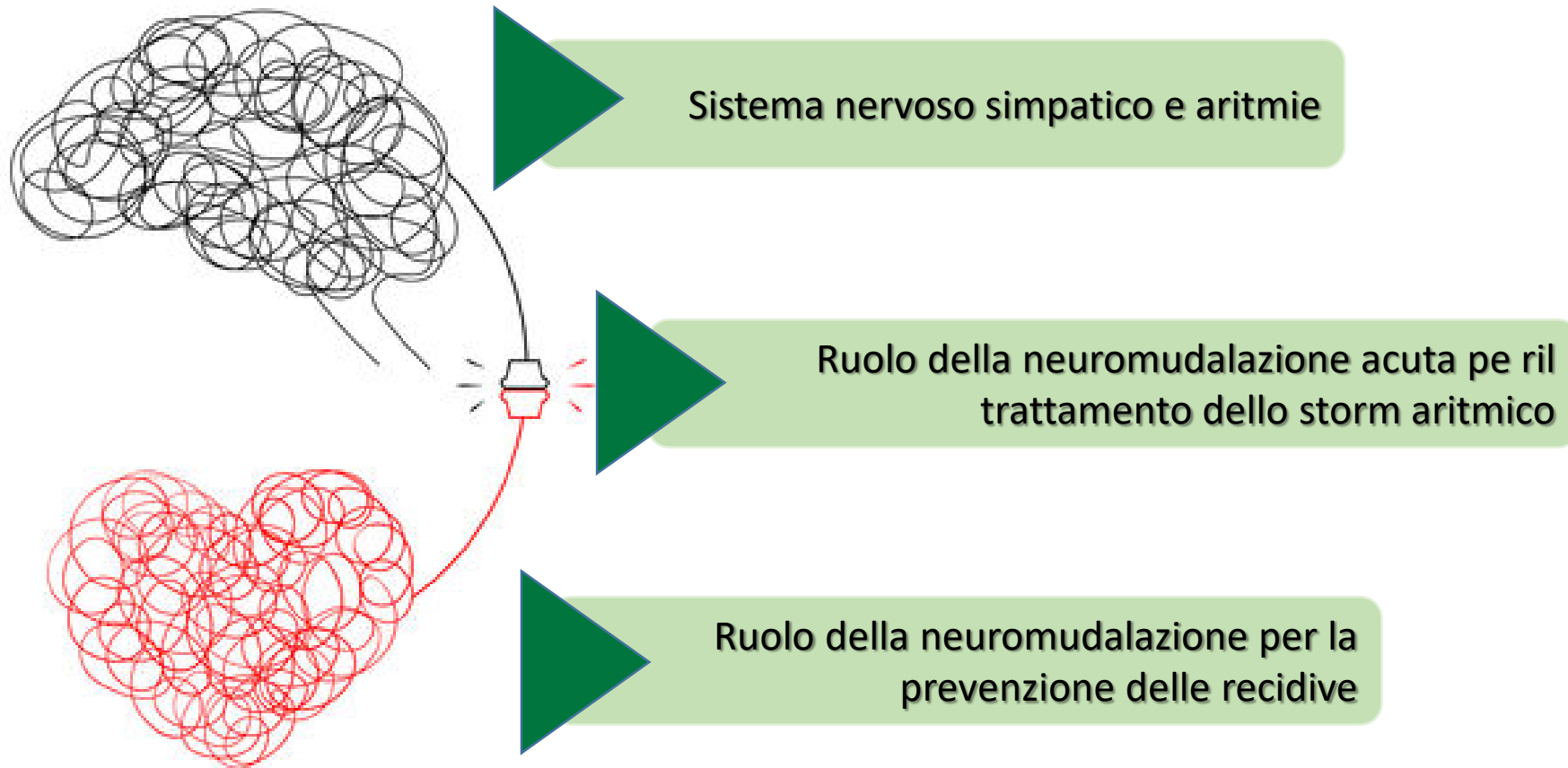
- **Corsi di formazioni**

- 15 edizioni (375 colleghi formati)
- 2 edizioni in Inglese (16 colleghi formati)
- Un manuale in Italiano
- Un manuale in Inglese (coming soon)

- **Ricerca clinica**

- Studio STAR osservazionale multicentrico internazionale
- Studi randomizzati





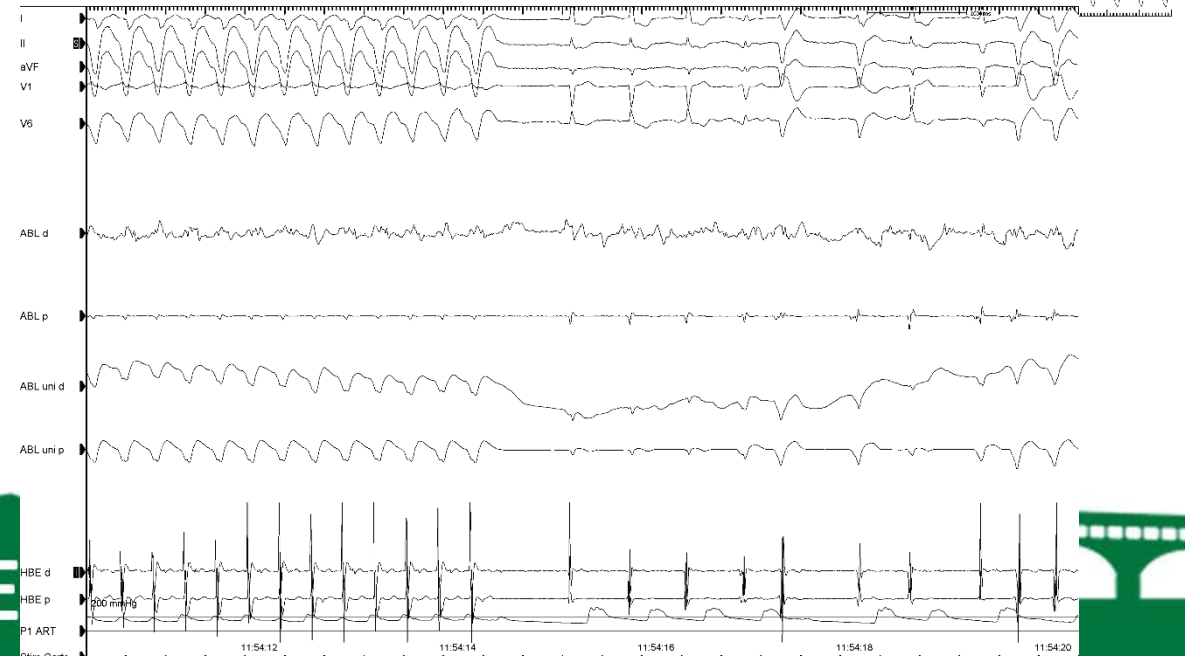
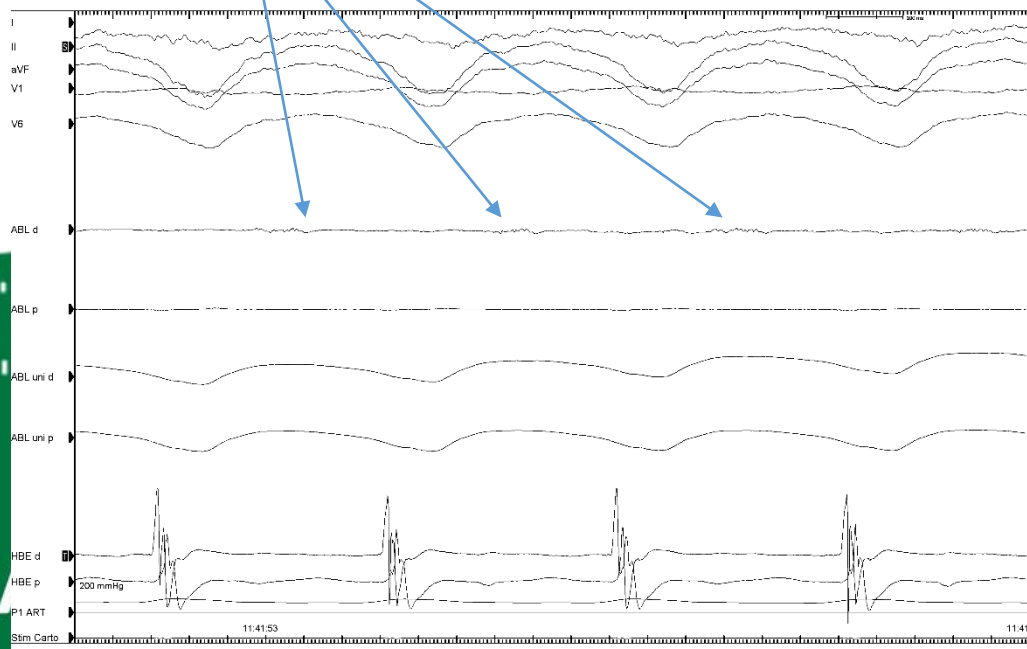
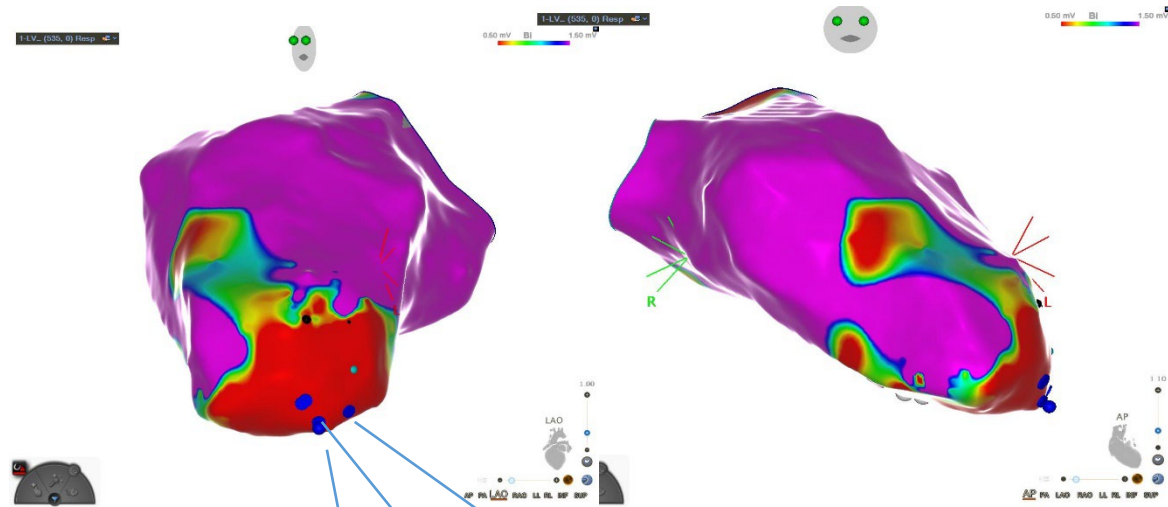


Electrical storm: aims of treatment

- Acute phase stabilization: emergency setting
- Chronic phase stabilization: prevention of recurrences.



Catheter ablation of TV from myocardial scar

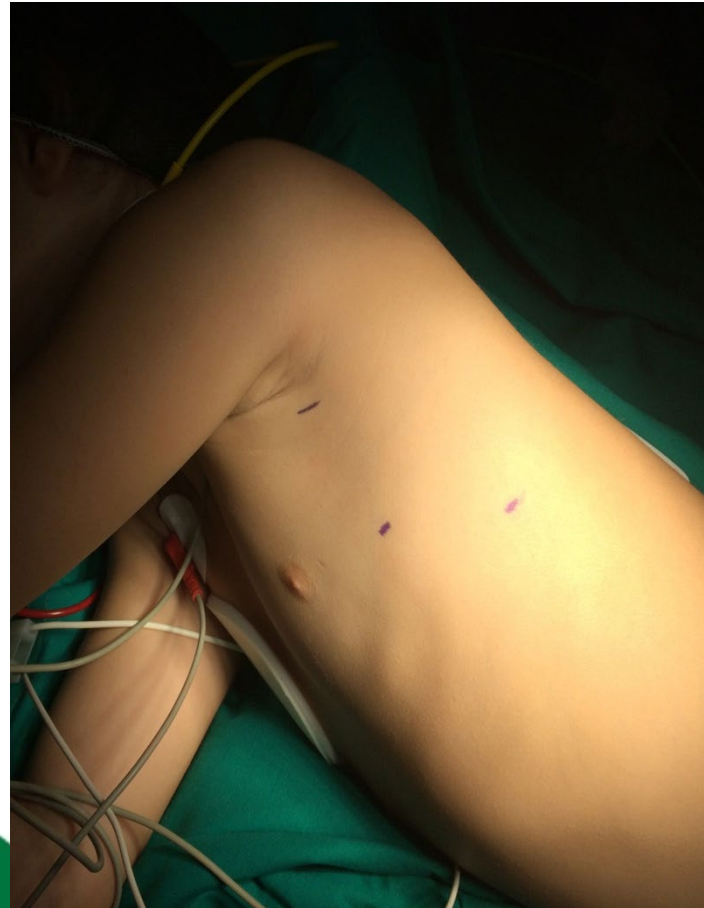


Thoracoscopic cardiac denervation

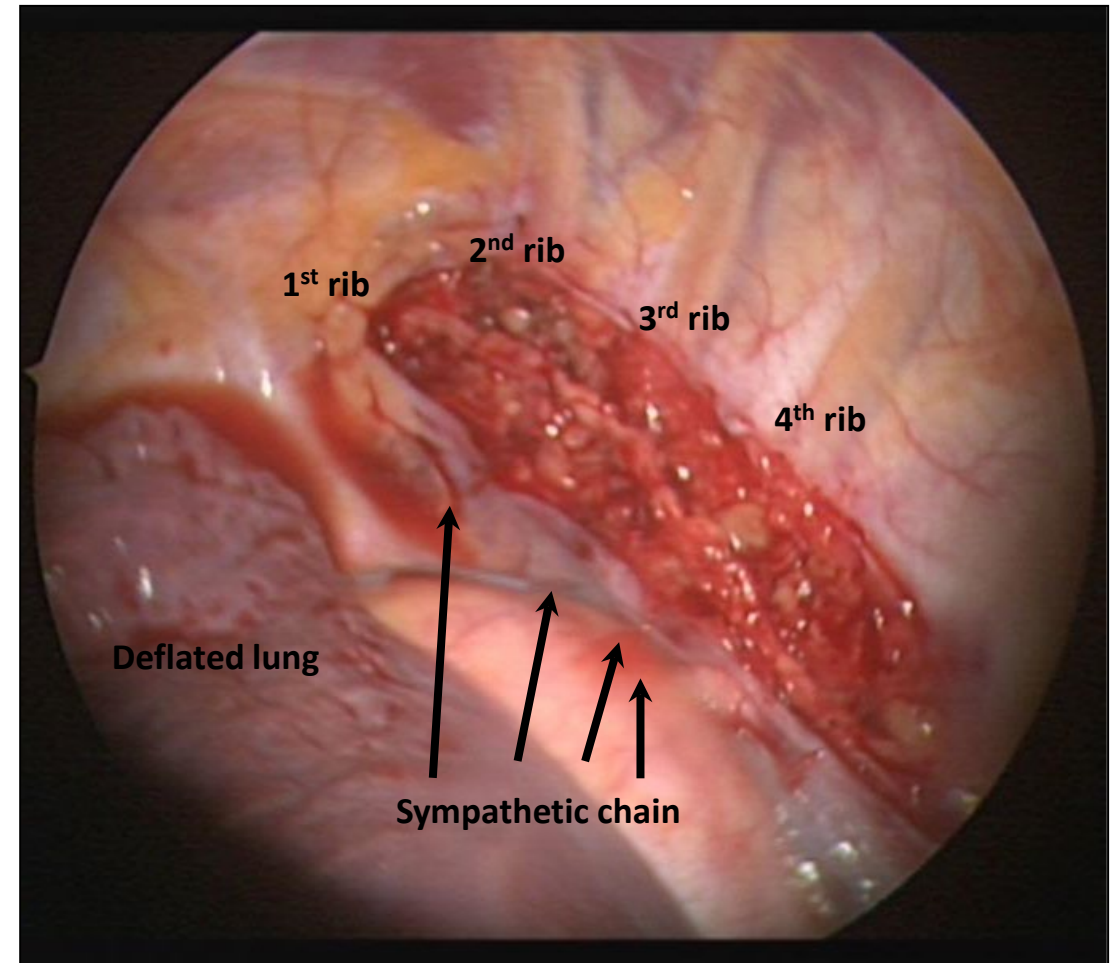
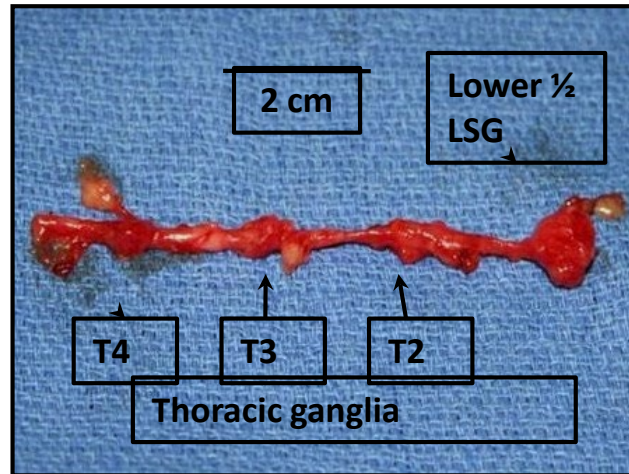
Standard technique:

- 3 intercostal accesses
- Traditional surgical

Robotic technique



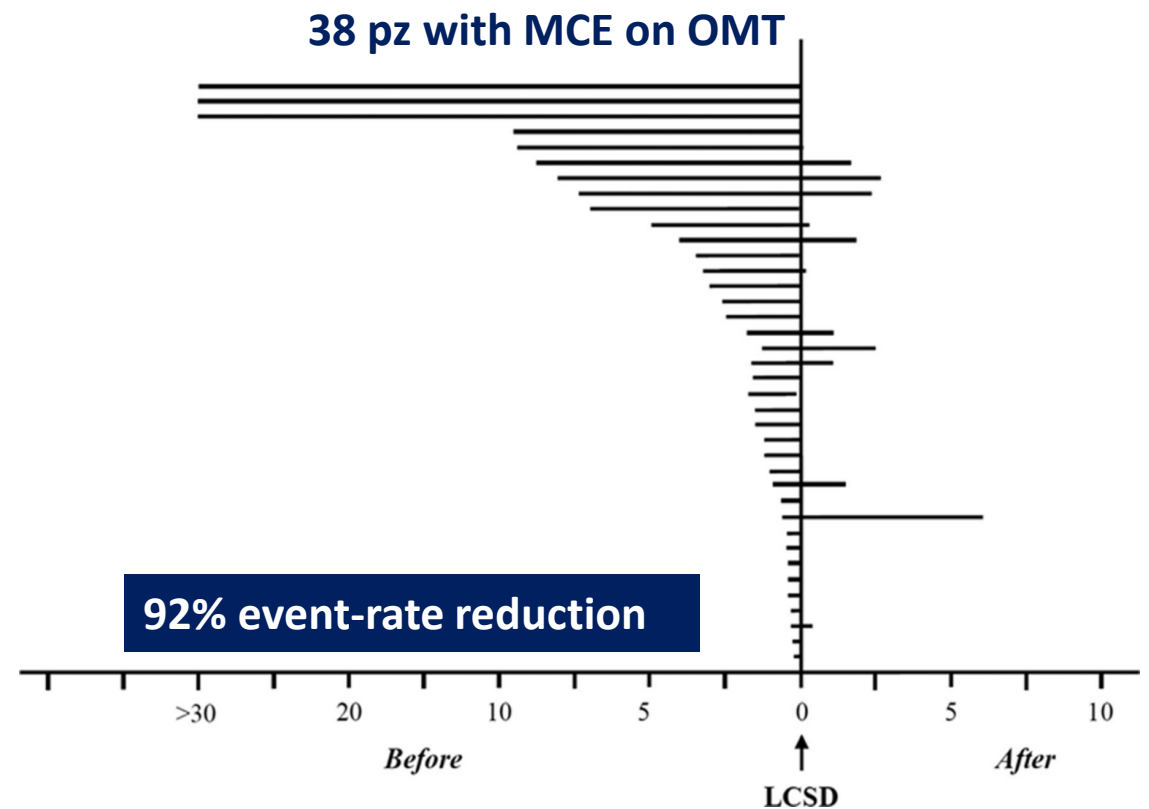
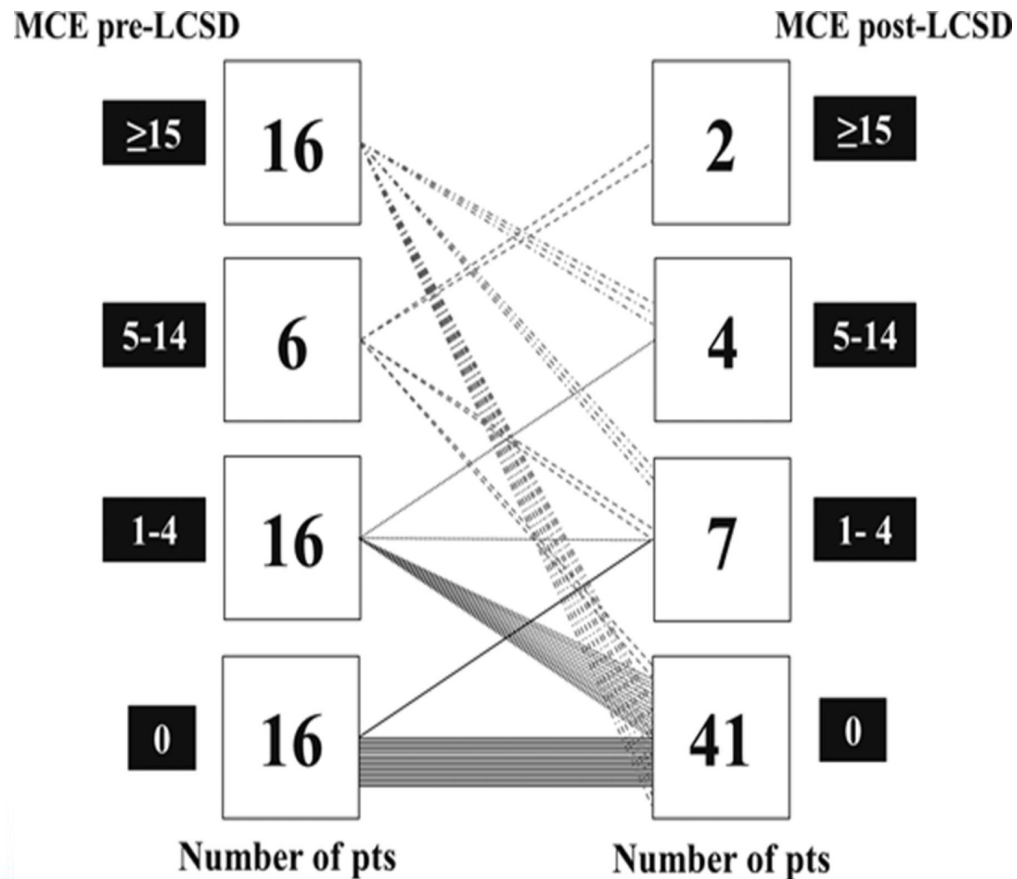
Cardiac denervation



Bourke T, et al. *Circulation*. 2010;121(21):2255-2262

Left Cardiac denervation in CPVT

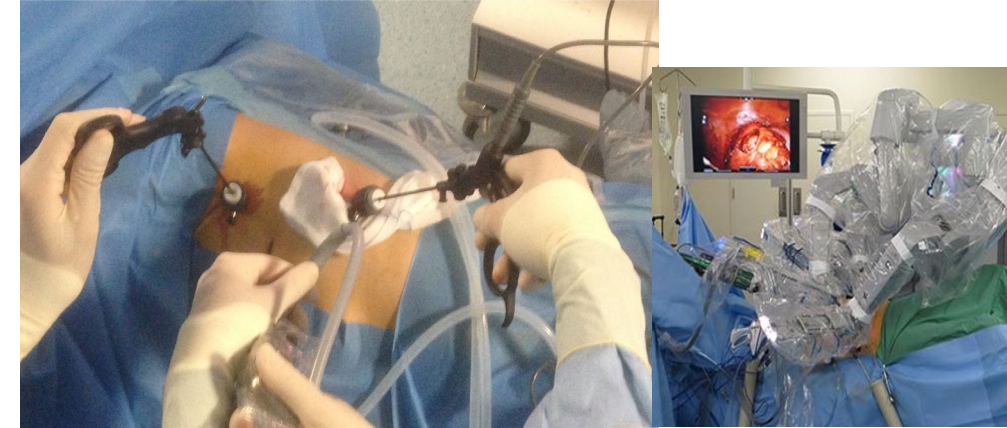
63 CPVT, 85% with symptoms, 97% on BB, 25% on BB+ fleca, 59% with ICD



De Ferrari GM, et al. Circulation 2015;131:2185-2193

Intervento di denervazione cardiaca sinistra

- ✓ Ragazzo di 17 anni (S-O) affetto da una grave forma di malattia genetica, la tachicardia ventricolare catecolaminergica da mutazione della calmodulina.
- ✓ Storia di arresto cardiaco all'età di 3 anni, successivamente impianto di defibrillatore con multiple recidive aritmiche e shock dell'ICD
- ✓ Marzo 2023 inviato da Stoccolma a Pavia per denervazione cardiaca simpatica di sinistra
- ✓ Ad oggi non più recidive di aritmie ventricolari



Ha una malattia che "spegne" il suo cuore, 17enne svedese salvato in Italia

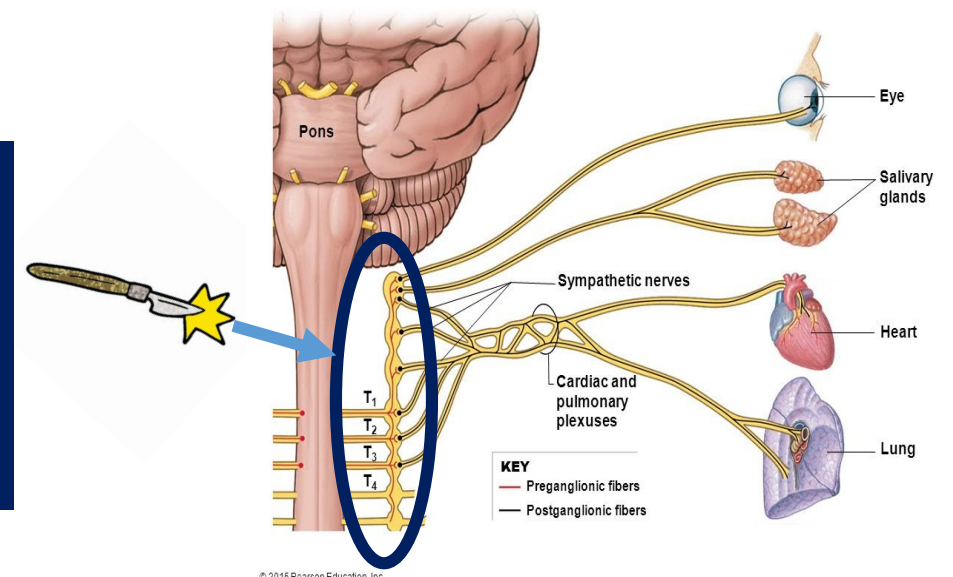
Il giovane è stato trasferito da Stoccolma a Pavia e sottoposto a un delicato intervento al Policlinico San Matteo. Dopo un periodo di monitoraggio in Terapia intensiva coronarica è stato dimesso



San Matteo: centro di riferimento per denervazione cardiaca toracoscopica a scopo anti-aritmico

L. Pugliese (Chirurgo), A. Mori (Anestesista) R.Rordorf, A.Vicentini (Cardiologi-Aritmologi)

Figure 16-4 The Distribution of Sympathetic Innervation (Part 2 of 4).

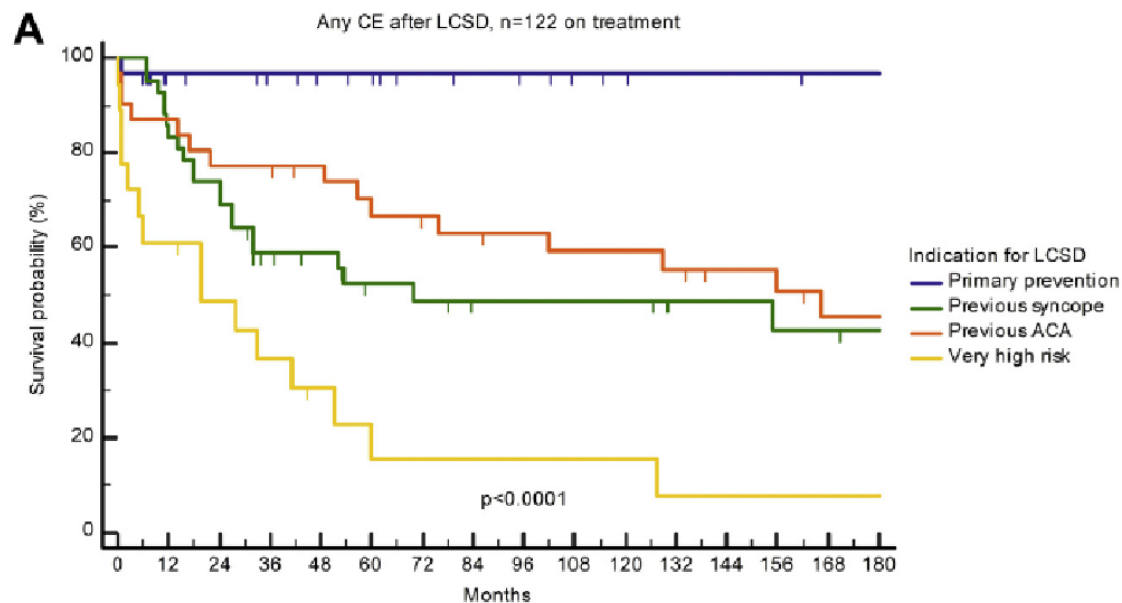


Left Cardiac Sympathetic Denervation for Long QT Syndrome

50 Years' Experience Provides Guidance for Management



Veronica Dusi, MD, PhD,^{a,b} Luigi Pugliese, MD,^c Gaetano M. De Ferrari, MD,^b Attilio Odero, MD,^d
 Lia Crotti, MD, PhD,^{a,e,f,g} Federica Dagradi, MD,^a Silvia Castelletti, MD,^a Alessandro Vicentini, MD,^h
 Roberto Rordorf, MD,^h Cuilan Li, PhD,ⁱ Maria Shkolnikova, MD,^j Carla Spazzolini, DVM, MS,^a Peter J. Schwartz, MD^{a,e}



Group	0	12	24	36	48	60	72	84	96	108	120	132	144	156	168	180
Group: Primary prevention	31	21	20	18	15	14	10	9	8	6	5	4	4	4	3	3
Group: Previous syncope	42	35	29	20	18	14	13	11	11	11	11	8	8	7	7	6
Group: Previous ACA	31	27	24	24	22	19	18	17	16	15	15	14	12	11	9	9
Group: Very high risk	18	11	8	6	4	2	2	2	2	2	2	1	1	1	1	1

Dusi V, et al JACC EP 2022

125 pz LQTS
LCSD 1973-2020

86% annual event-rate reduction.

Cardiac denervation in LQTS

LQTS Groups with Indications for LCSD

Group 1

Very high risk
(events in the 1st year of life
and/or CALM/CACNA1C/JLN)
with recurrences on β B

Group 2

**Aborted cardiac
arrest**

Group 3

Syncope on β B



ICD \pm LCSD

Group 4A

Primary prevention
(high-risk pattern, asymptomatic or syncope
off treatment and/or intolerant to β B)

Group 4B

Primary prevention
(low-risk pattern, asymptomatic and
intolerant to β B)



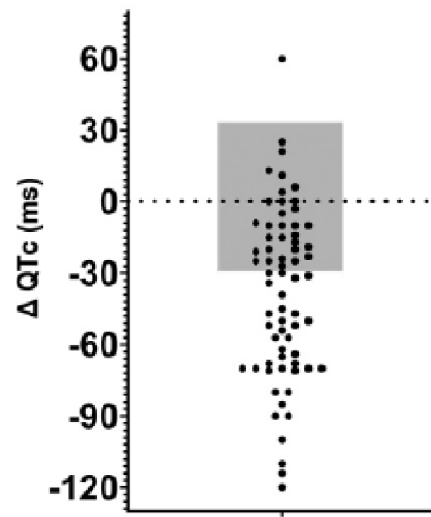
LCSD, no ICD

Schwartz PJ, Ackerman MJ European Heart 2022;43:2096-2102

Denervazione cardiaca e intervallo QT

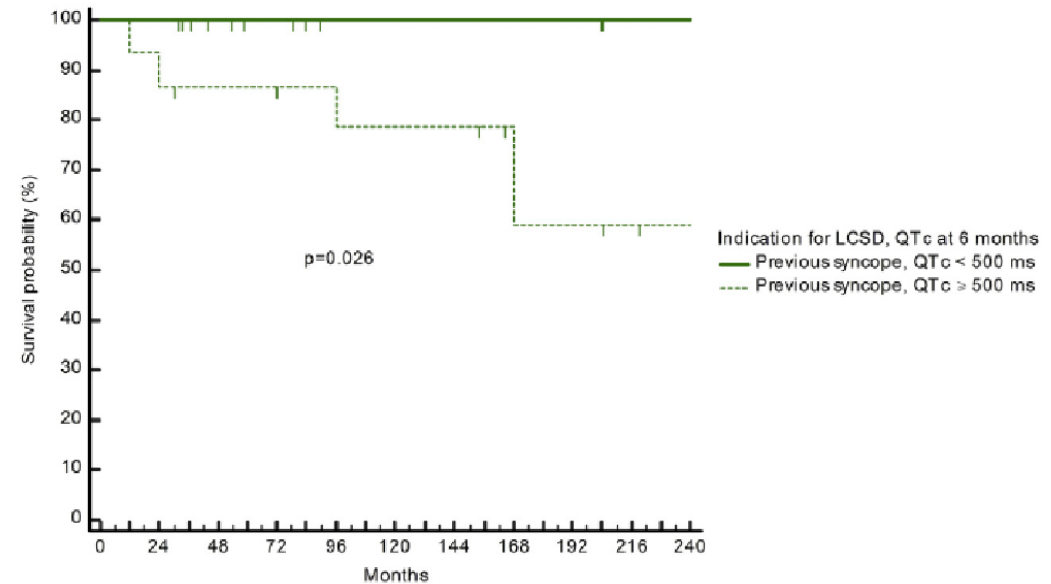
QT < 500 msec dopo LCSD e outcome

B QTc change after LCSD
in patients with baseline QTc \geq 500 ms



B

SD/ACA/ICD shocks after LCSD,
according to QTc at 6 months



Number at risk

Group: Previous syncope, QTc < 500 ms

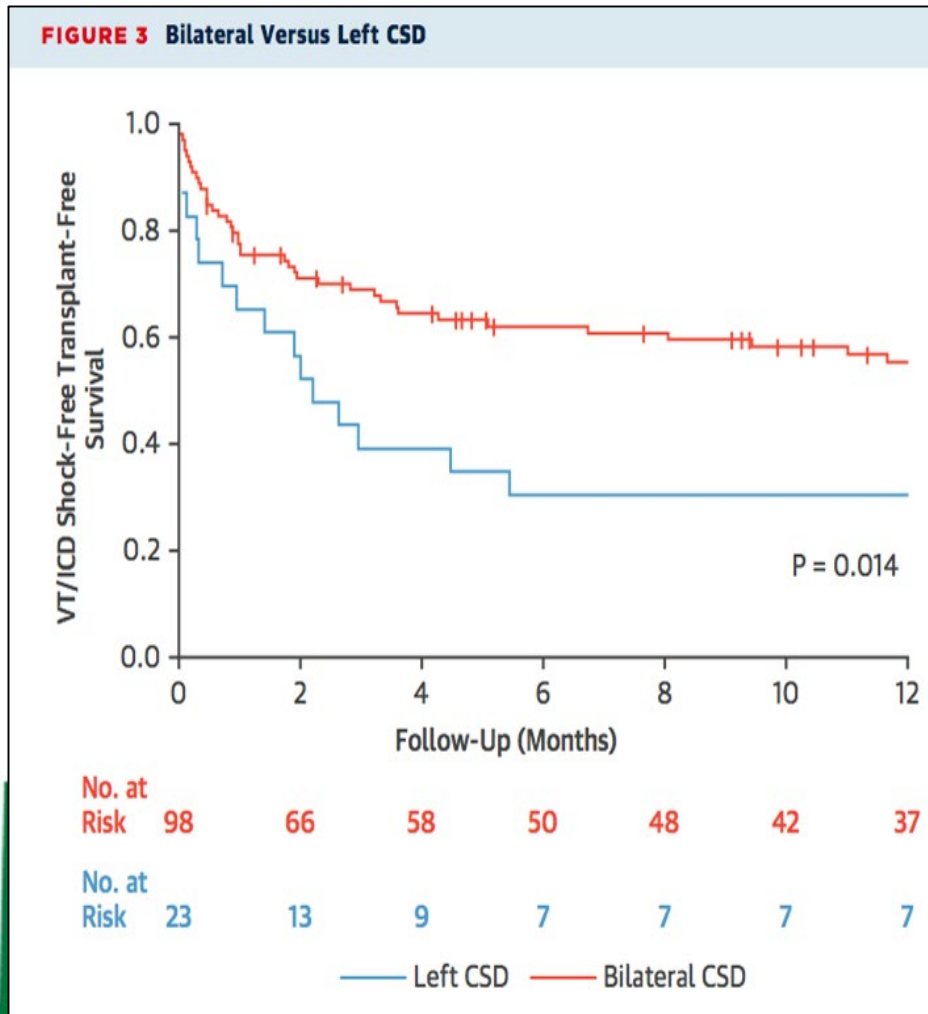
18 18 18 14 12 10 10 8 7 7 7 7 7 7 7 6 5 5 5

Group: Previous syncope, QTc \geq 500 ms

15 14 13 12 12 11 11 10 10 10 10 9 6 6 6 6 4 3 3

Dusi V, et al JACC EP 2022

Surgical cardiac denervation



Retrospective study (5 non European centers)

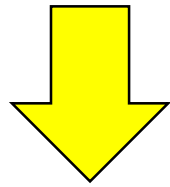
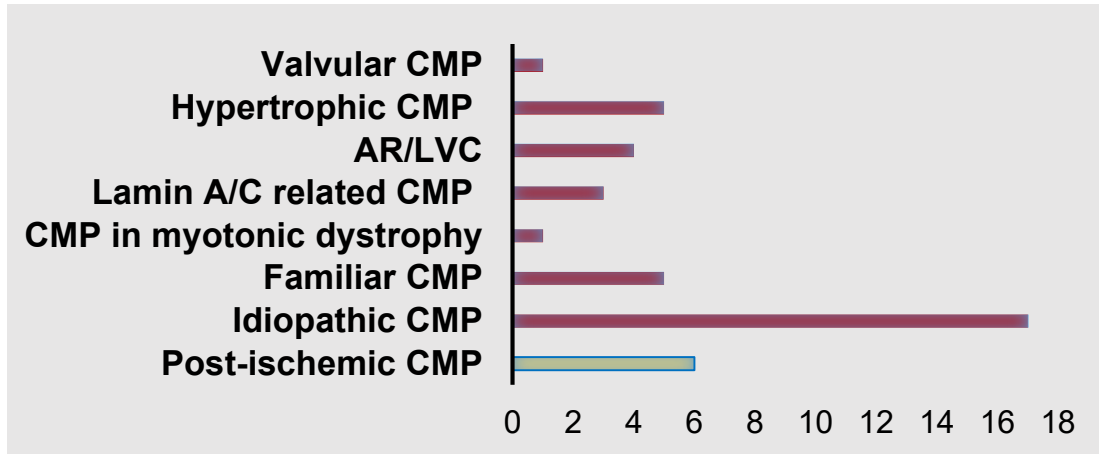
121 pts with SHD (mean 55 yrs, LVEF 30%), 27% ICM, 71% NICM (0.8% familiar)

19% had LCSD, 81% BCSD

CSD reduced the burden of ICD shocks from of 18 ± 30 (median 10) in the year before study entry to 2.0 ± 4.3 (median 0) at a median follow-up of 1.1 years ($p < 0.01$).

Vaseghi M et al J Am Coll Cardiol 2017;69:3070–80

Our experience: CUT-VT Registry



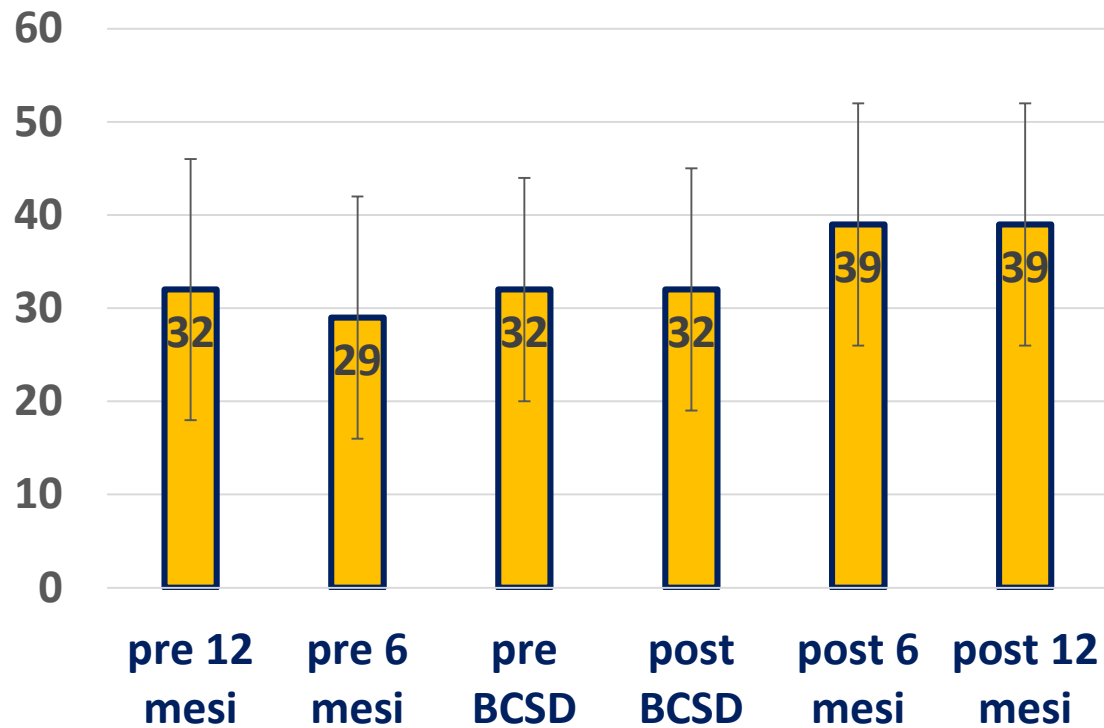
36, 85% NICM (all types)

- ✓ 1 case of hemothorax (mechanical aortic valve)
- ✓ No need for hemodynamical support

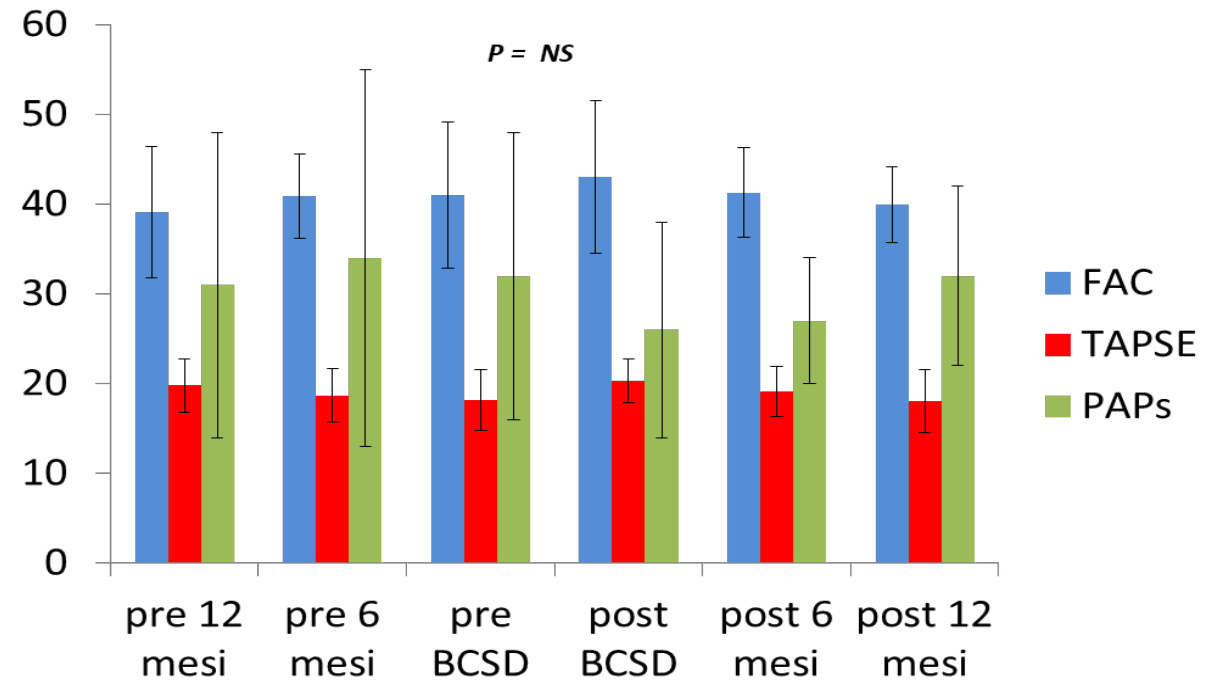
Baseline characteristics, N = 42	N, %
Male	36, 86%
Mean age	54 ± 16 (range 16-81)
OSM/Molinette (%)	59/41
LCSD	4, 10%
ICD (all types)	41, 98%
CRT-D	15, 36 %
LVEF (%)	32 ± 12
NYHA Class I/II/III/IV (%)	19/48/31/2
LVAD/OHT indication (for HF)	13, 41%
History of electrical storm	31, 74%
History of ICD EOT condition	11/41, 27%
Chronic amiodarone	23, 60%
Previous amiodarone-induced thyrotoxicosis	7, 17%
Previous VT/PVC ablation	22/2, 60%
Previous PLSGB	6, 42%
pVT/fast VT (<250 msec)	24, 57%
Referred from other Centers	15, 36%

Bilateral cardiac sympathetic denervation: hemodynamic effect over time

Left ventricular ejection fraction



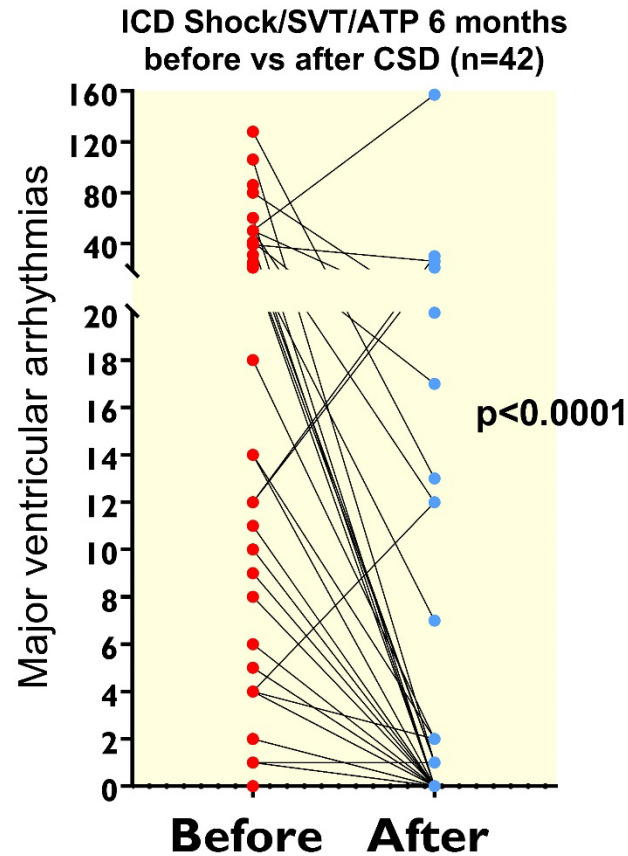
Right ventricular function



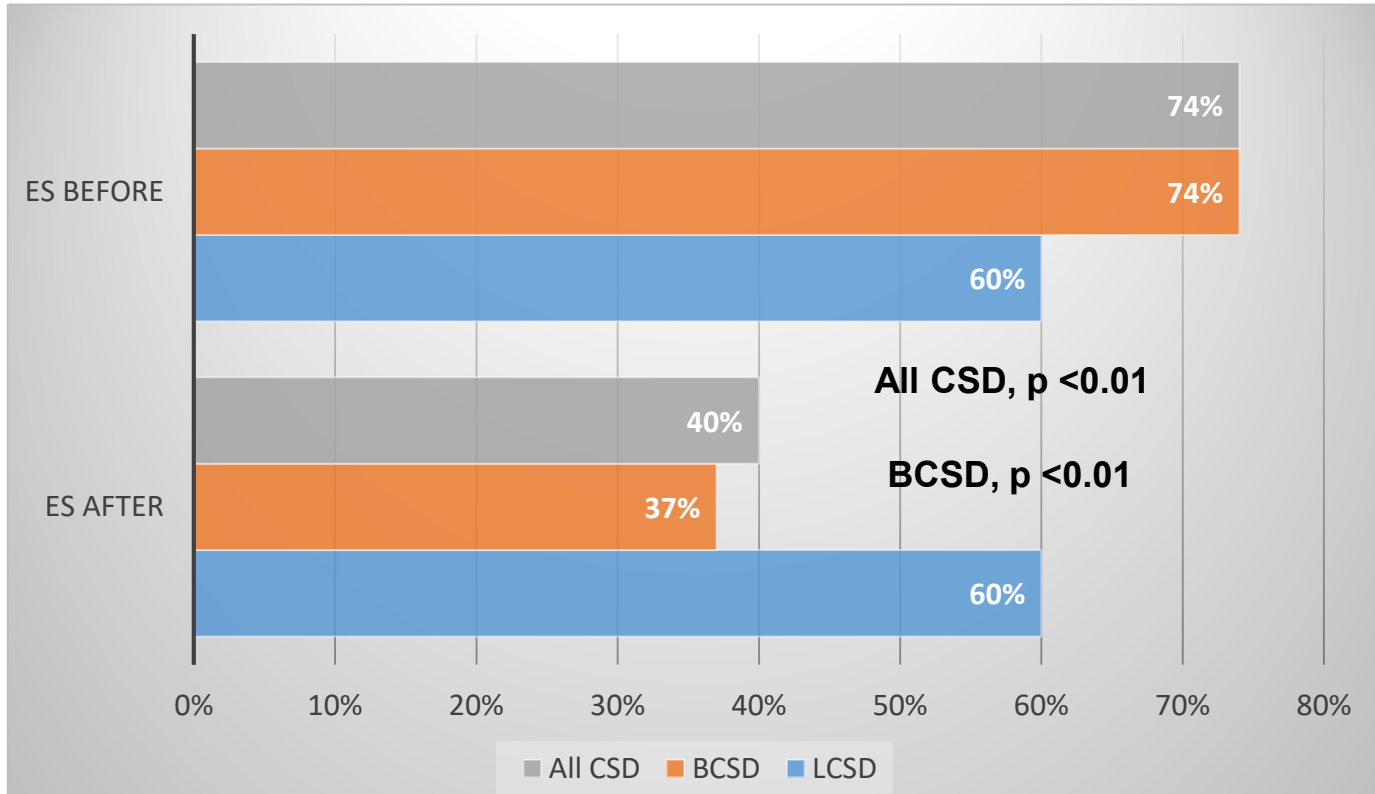
Cardiac sympathetic denervation: efficacy

Median FU 25 months (IQR 7-42):

- 12 deaths (29%), 10 due to refractory HF, 1 due to refractory ES, 1 non cardiac
- 3 HTx (7%)



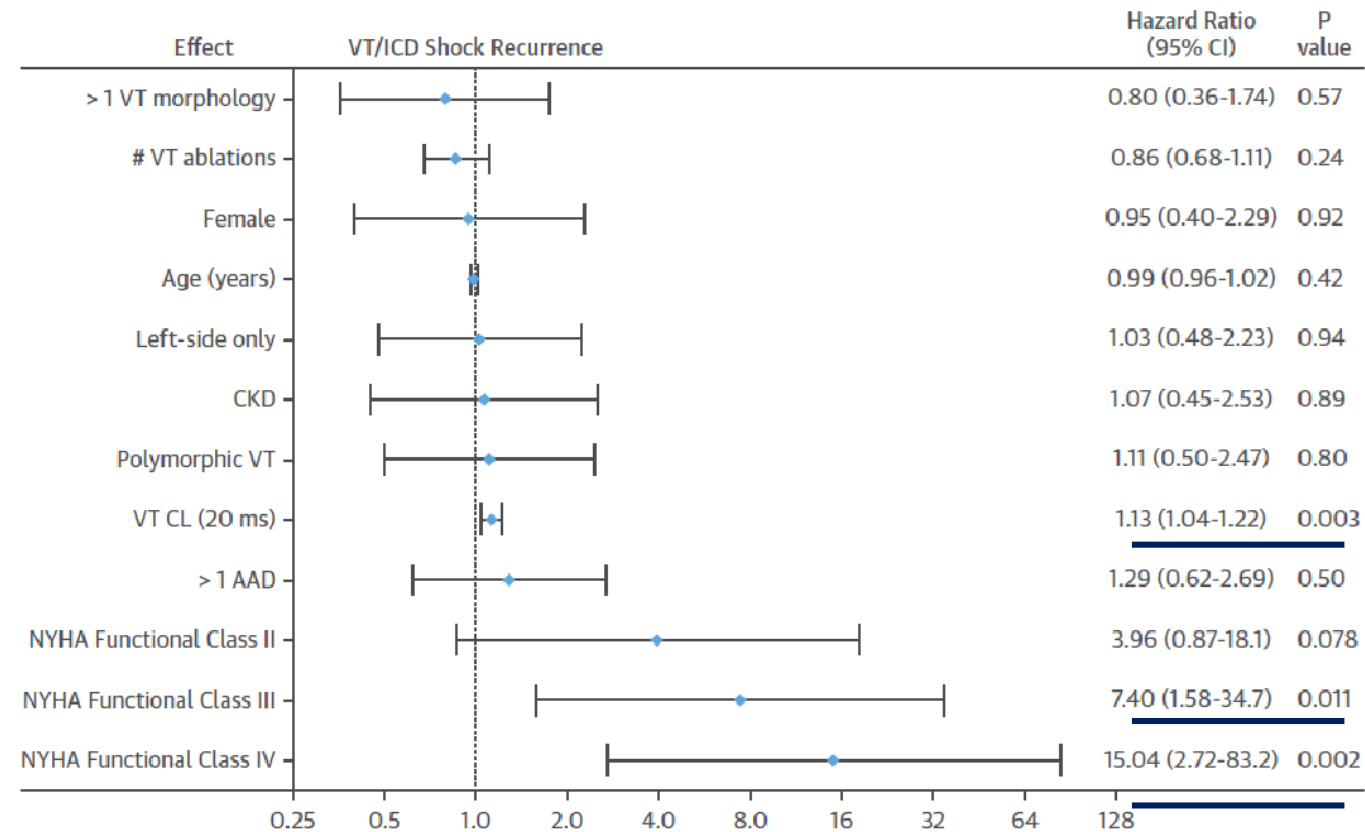
From 12 (IQR 4-43) to 0 (IQR 0-12)



No ICD end of treatment conditions occurred after CSD (vs 27% before, $p < 0.01$)

Cardiac sympathetic denervation: clinical predictors

FIGURE 5 Pre-Procedural Characteristics Associated With VT/ICD Shock Recurrence After CSD



Advanced NYHA functional class and longer VT cycle length (CL) predicted recurrence of sustained VT and ICD shock. AAD = antiarrhythmic drug; CI = confidence interval; CKD = chronic kidney disease; other abbreviations as in Figures 1, 3, and 4.

Vaseghi M et al.
J Am Coll Cardiol
2017;69:3070–80



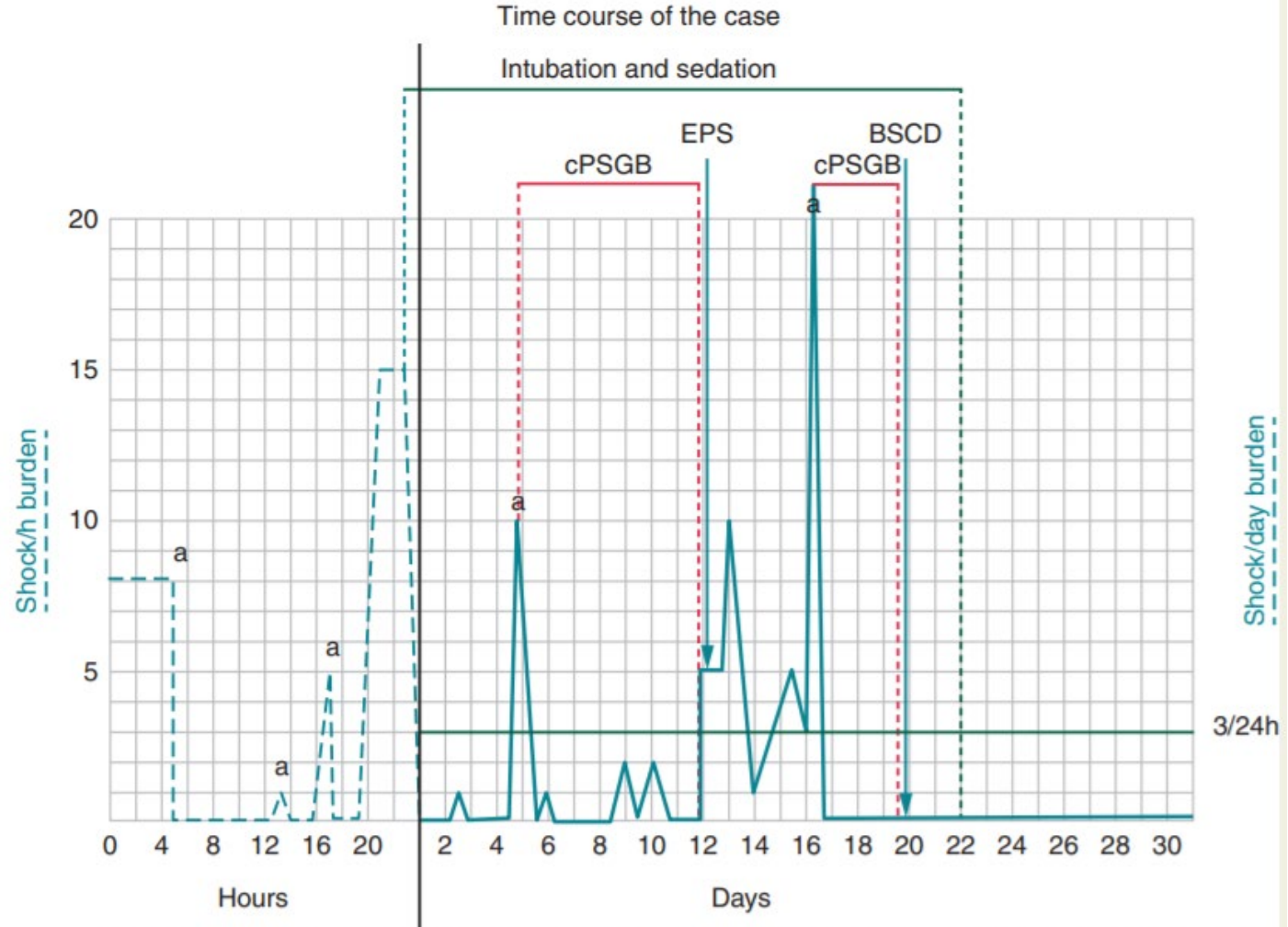
2022 ESC Guidelines for the management of patients with ventricular arrhythmias and the prevention of sudden cardiac death

Autonomic modulation may be considered in patients with electrical storm refractory to drug treatment and in whom catheter ablation is ineffective or not possible.^{326,328,340}

IIb

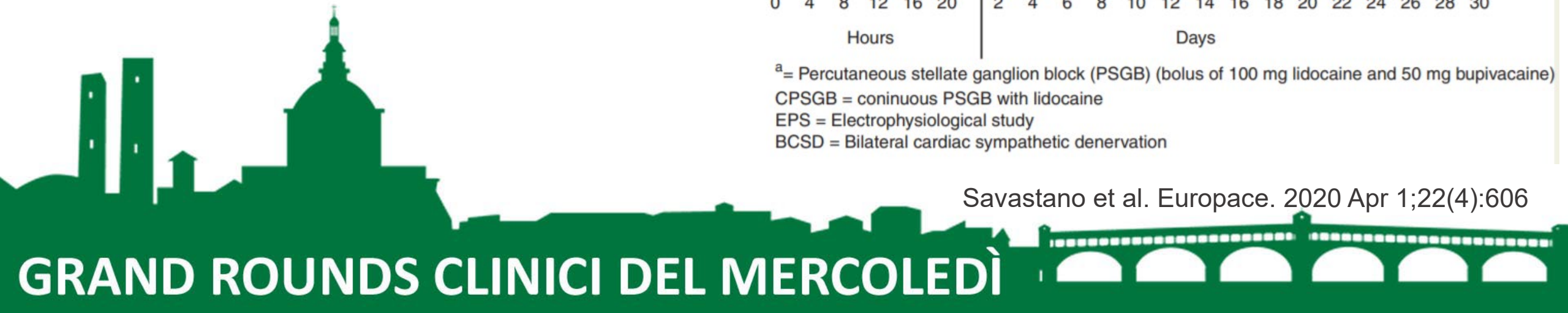
C





^a= Percutaneous stellate ganglion block (PSGB) (bolus of 100 mg lidocaine and 50 mg bupivacaine)
 CPSGB = continuous PSGB with lidocaine
 EPS = Electrophysiological study
 BSCD = Bilateral cardiac sympathetic denervation

Savastano et al. Europace. 2020 Apr 1;22(4):606



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