

## Curriculum vitae

### Alessandra Milanesi

#### Personal information

##### Name and surname

Alessandra Milanesi

##### Date of birth

[REDACTED]

##### Address

[REDACTED]

##### Mobile phone

[REDACTED]

##### Mail address

[REDACTED]

#### Work experience

##### September 2023-present

Medical Doctor in IRCCS Policlinico San Matteo, UO Rheumatology

##### 2020-present

Investigator for AIDA registry for autoinflammatory diseases

Sub-investigator in a Phase-4 Clinical Study on Oligoarticular Psoriatic Arthritis

Sub-investigator in a Phase-2 Clinical Study on Dermatomyositis

Sub-investigator in a Phase-3 Clinical Study on Eosinophilic Granulomatosis with Polyangiitis

Sub-investigator in a phase-3 Clinical Study on IgG4RD

Sub-investigator in a phase-3 Clinical Study on GCA

##### November 2018-October 2022

Medical assistance activities foreseen by the didactic regulations of the Qualifying Specialization School in Rheumatology of the University of Pavia, Pavia, Italy

Main work place: IRCCS Policlinico San Matteo, UO Rheumatology

According to the educational network of the school, experiences have been carried out also at the Ospedale Fornaroli in Magenta (MI) (2 weeks, November 2021), UO Rheumatology, and Ospedale Nuovo in Legnano (MI) (2 weeks, December 2021), UO Rheumatology

##### 2018

General practitioner locums

Physician for the Blood Donor Association

## Education

### February 2023

Full Certification from BVAS and VDI training

### October 2022-present

PhD in Experimental Medicine, University of Pavia, Italy  
Clinical research focused on systemic vasculitides

### November 2018-October 2022

Qualifying Specialization School in Rheumatology

University of Pavia, Pavia, Italy

Department of Internal Medicine, Section of Rheumatology

Final Dissertation: "Azathioprine versus Methotrexate as induction and maintenance therapy in Eosinophilic Granulomatosis with Polyangiitis (EGPA): a monocentric retrospective study"

Full graduation: 50/50

### 22-07-2021

Completion of the course on Good Clinical Practice (GCP) (NIDA Clinical Trials Network)

### 2017-2018

Traineeship for the Italian State Exam

### 2011-2017

Bachelor of Medicine and Bachelor of Surgery

University of Pavia, 27100, Pavia (PV), Italy

Final dissertation: "*Rheumatic diseases and pregnancy: a dedicated clinic's experience*".

Full graduation: 110/110 cum laude.

### 2011

Scientific High School Diploma

Scientific High School "Galileo Galilei", Voghera (PV), Italy

## Languages

**Native Language** Italian

**Other languages** English European Level B2 (Cambridge ESOL Examinations)

## Publications

### Scientific journals

S. Monti, P. Delvino, E. Bellis, **A. Milanesi**, F. Brandolino, C. Montecucco, *Impact of delayed diagnoses at the time of COVID-19: increased rate of preventable bilateral blindness in giant cell arteritis*. Ann Rheum Dis. 2020 Dec;79(12):1658-1659.

S. Monti, F. Brandolino, **A. Milanesi**, B. Xoxi, P. Delvino, C. Montecucco, *Novel Therapies for ANCA-associated Vasculitis*. Curr Rheumatol Rep. 2021 Apr 28;23(6):38.

C. Ponte, S. Monti, C.A. Scirè, P. Delvino, N. Khmelinskii, **A. Milanesi**, V. Teixeira, F. Brandolino, F. Saraiva, C. Montecucco, J.E. Fonseca, W.A. Schmidt, R.A. Luqmani. *Ultrasound halo sign as a potential monitoring tool for patients with giant cell arteritis: a prospective analysis*. Ann Rheum Dis. 2021 Nov;80(11):1475-1482. doi: 10.1136/annrheumdis-2021-220306.

S. Monti, P. Delvino, C. Klersy, G. Coppa, **A. Milanesi**, C. Montecucco, *Factors influencing patient-reported outcomes in ANCA-associated vasculitis: correlates of the Patient Global Assessment*, Seminars in Arthritis and Rheumatism (2022), <https://doi.org/10.1016/j.semarthrit.2022.152048>

L. De Stefano, S. Balduzzi, L. Bogliolo, B. D'Onofrio, M. Di Lernia, E. Mauric, **A. Milanesi**, F. Brandolino, C. Rocca, S. Chiricolo, A. Manzo, C. Montecucco, S. Bugatti. *Reactogenicity, safety and disease flares following BNT162b2 mRNA COVID-19 vaccine in patients with chronic immune-inflammatory arthritis treated with biological and targeted synthetic disease-modifying anti-rheumatic drugs*. Clin Exp Rheumatol. 2022 Sep 21. doi: 10.55563/clinexprheumatol/0ltj1i. Epub ahead of print. PMID: 36135948.

S. Monti, **A. Milanesi**, C. Klersy, et al *Age at diagnosis influences the clinical phenotype, treatment strategies and outcomes in patients with giant cell arteritis: results from the observational GCAGE study on a large cohort of 1004 patients* Annals of the Rheumatic Diseases Published Online First: 15 May 2023. doi: 10.1136/ard-2023-223895

**A. Milanesi**, P. Delvino, S. Quaglini, C. Montecucco, S. Monti. *Azathioprine vs methotrexate in eosinophilic granulomatosis with polyangiitis: a monocentric retrospective study*. Rheumatology (Oxford). 2023 Jun 16:kead302. doi: 10.1093/rheumatology/kead302. Epub ahead of print. PMID: 37326880.

A. Bartoletti, P. Delvino, M. Minetto, **A. Milanesi**, E. Bozzalla Cassione, VS Quadrelli, et al. *Cytomegalovirus colitis unmasking human immunodeficiency virus infection as a cause of IgA vasculitis*. AIDS Res Ther. 2023 Jul 19;20(1):50. doi: 10.1186/s12981-023-00545-9. PMID: 37468910; PMCID: PMC10355054.

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#### International conferences

F. Motta, V. Ramoni, B. Vitolo, **A. Milanesi**, F. Beneventi, S. Quaglini, R. Caporali, C. Montecucco. THU0674 *Rheumatic diseases and pregnancy: a single centre dedicated clinic experience* Annals of the Rheumatic Diseases 2018;77:530-531. EULAR 2018 Congress

P. Delvino, S. Monti, A. Bartoletti, E. Bellis, F. Brandolino, A. Milanesi, C. Montecucco. SAT0256 *The role of fast-track ultrasound in preventing early complications and relapses in giant cell arteritis* Annals of the Rheumatic Diseases 2020;79:1071.

S. Monti, P. Delvino, C. Klersy, G. Coppa, **A. Milanesi**, C. Montecucco. POS0830 *factors influencing patient-reported outcomes in ANCA-associated vasculitis*. Annals of the Rheumatic Diseases 2021;80:668-669.

P. Delvino, **A. Milanesi**, F. Brandolino, S. Monti, C. Montecucco. pos0250 *Significant damage occurs early in the course of eosinophilic granulomatosis with polyangiitis and is mainly due to disease-related sequelae.* Annals of the rheumatic diseases 2021;80:347.

C. Ponte, S. Monti, C.A. Scirè, P. Delvino, N. Khmelinskii, **A. Milanesi**, V. Teixeira, F. Brandolino, F. Saraiva, C. Montecucco, J.E. Fonseca, W.A. Schmidt, R.A. Luqmani. OP0055 *Ultrasound halo sign as a potential monitoring tool for patients with giant cell arteritis: a prospective analysis* Annals of the Rheumatic Diseases 2021;80:29.

R. Bixio, **A. Milanesi**, O. Viapiana, C. Montecucco, S. Bugatti, M. Rossini AB0900 *A temporary antirheumatic drugs withdrawal does not cause an excess of disease flares in patients with psoriatic arthritis undergoing Covid-19 mRNA vaccination* Annals of the Rheumatic Diseases 2022;81:1578-1579.

#### National conferences

**A. Milanesi**, A. Bartoletti, D. Sorace, L. Bogliolo, C. Montecucco, S. Monti. *Brucella Infection: rare mimicker of IgA vasculitis*, SIR 2022 Congress

M. Guerini, F. Bottazzi, **A. Milanesi**, D. Sorace, J. Pellizza, F. Cuzzocrea, E. Manna, L. Bogliolo, V. Codullo. *Tymoma and autoimmunity: what can antiphospholipid antibodies hide? Description of a case report*, SIR 2022 Congress

**A. Milanesi**, F. Brandolino, C.S. Chiricolo, S. Balduzzi, S. Monti, C. Montecucco *Psoriatic arthritis relapse after SarsCov2 vaccinations: analysis of 120 patients treated with bDMARDs*, SIR 2021 Congress

F. Brandolino, **A. Milanesi**, C. Rocca, S. Balduzzi, S. Monti, C. Montecucco *Risk profile and incidence of major adverse cardiovascular events or venous thromboembolism during treatment with Baricitinib, a monocentric experience*, SIR 2021 Congress

P. Delvino, **A. Milanesi**, F. Brandolino, S. Monti, C. Montecucco, *Significant damage occurs early in the course of eosinophilic granulomatosis with polyangiitis and is mainly due to disease related sequelae*, SIR 2021 Congress

V.S. Quadrelli, **A. Milanesi**, F. Brandolino, B.L. Palermo, L. Bogliolo, S. Bugatti *Renal Amyloidosis as a consequence of diagnostic delay in Rheumatoid Arthritis Robustus type*, SIR 2019 Congress

F. Brandolino, B.L. Palermo, V.S. Quadrelli, **A. Milanesi**, S. Rossi, S. Bugatti *Kikuchi disease in a patient affected by Systemic Lupus Erythematosus after a journey in Africa: an interesting differential diagnosis*, SIR 2019 Congress

A. Biglia, E. Bozzalla Cassione, F. Brandolino, **A. Milanesi**, F. Bobbio Pallavicini, S. Bugatti, L. Cavagna, *The importance of differential diagnosis in Rheumatology: a pulmonary nocardia infection in a patient treated with immunosuppressants for anti-MDA5 dermatomyositis*, SIR 2019 Congress

#### Practical Skills

Good practical skill in nailfold videocapillaroscopy, temporal/axillary/carotid arteries ultrasound, joint ultrasound, intra-articular injections and minor salivary gland biopsy.

#### Additional information

2023

Participation to “Statistical models useful in biomedical and behavioural research – a “hands on” approach exploiting the package R

**2021**

Oral discussion of a clinical case during AIDA Seminars in 2021 about Behcet’s Disease.

**2018-present**

Participation to various national conferences and courses focused on different rheumatological aspects.

**Awards**

**2009/2010**

“International Understanding and Collaboration” award  
Lions Clubs International (District 108 Ib3 - taly)